



# the bbg bulletin



## RUGBY LEAGUE SUCCESS



This week, three of our young Rugby League players have signed scholarship contracts with Super League clubs. Coby Doyle has signed for Warrington Wolves and Caleb Rhodes and Will Wilkinson have signed for Leeds Rhinos.

All three students have been involved in the Rugby Academy at BBG over the last two years and were part of the leadership group in the squad. Mr Benton said "It has been a pleasure to watch all three boys involved with the rugby academy this year. They have progressed with their rugby union skills and I hope this has helped to develop them overall and will have a lasting impact on their rugby league future".

All three students play their local Rugby League for Birstall Victoria, who topped off a successful season by beating Shaw Cross Sharks 30-16 and being crowned the Heavy Woollen Champions.

The Rhinos and Wolves have been watching the boys throughout this season and have been really impressed with what they have seen. They boys were invited down to their respective club to look around the facilities and then sign the paper work.

They have all been given two-year contracts until they are 16 and if they are continuing to impress, they will progress into the academy squad and maybe even the first team. Coby has been to Warrington to have his official photos taken (see below), and Caleb and Will are going for theirs in September/October with the Rhinos. This is a fantastic achievement and we are proud of all three boys. We hope that this is the first step towards us seeing them compete in the Super League in the future. Well done!



# INTRODUCING THE...



As you are no doubt aware, every year we create a 'brand' for our year 11s – including artwork, logo, hashtag and theme – as a way to unify and give coherence to a year group that may not have experienced it before. We consider the group as a whole, their experiences and journey through school, their 'personality' – as it were.



For our 2023 Leavers we wanted to recognise that they have had a tumultuous journey to get to this point. They have had obstacles to face that few have had before them, and at times their journey has seemed precarious and uncertain. However, they have adapted – they've had to! – and have used the tools offered to them in order to make their way through secondary school to finally reach this point.



Now, as we begin their year 11 year, they will have to forge forward with renewed rigour and clarity. They will have to #LeadTheWay forward, demonstrating just how much grit and determination they have to be a success in their own right. The path has been laid before them – and now it's up to them to begin their journey to the GCSEs as the BBG Pathfinders. We are so excited to walk this trail with them!





**BBG GALAXY**

AD ASTRA PER ASPERA

**GCSE RESULTS DAY!**

*Save  
THE  
Date*

**THURSDAY**

**25<sup>th</sup> AUGUST**

**9:00 to 10:30 AM**

**SEE YOU THEN!**

# STUDENT ACHIEVEMENTS



Oliver Henstock in Year 8 passed his karate grading and is now a yellow belt with orange stripe.



## Marvel makes History

I am a Marvel superfan. I am always excited about new characters and releases from the Marvel cinematic universe. One of the most recent additions to the Marvel family is Ms. Marvel played by Iman Vellani, Marvel's first Muslim superhero to headline her own comic.

Recently, Marvel has been trying to increase diversity within the movies and series. Intern, giving children all around the world a superhero that looks like them and someone they can relate to. Ms. Marvel is the newest edition to Marvel's reach for a more diverse audience and has had a series dedicated to her character.

Kamala Khan is a Pakistani-American superhero that protects the streets of Jersey City with her one-of-a-kind powers. Throughout the series, Kamala grows as a character, finding her real self and bringing her family closer. Kamala discovers her family History, giving her the power that she uses to save lives. With the help of her family and friends, Kamala becomes Ms. Marvel.

**Reporter:**  
**Cerys Barson**

Iman Vellani grew up without an idol that looked like her, she felt that sometimes she didn't belong because she was 'different', but now, Iman wants to give children around the world the chance to have someone like them to look up to; she did just that. In one of her interviews, Iman said "I hope that they find comfort in Kamala because I did when I read those comics the first time. Not only did I see a girl like me, but she was also a hero that children could look up to."

This further proves that Marvel is leading the way against their competitors, such as DC, in portraying characters from a wide range of backgrounds. If you have never seen a Marvel movie or series, I recommend that you give it a go, there is something for everyone.



# VIRTUAL PERSONAL TUTORING



## KEY STAGE 4

### Students studying for a Grade 4 or 5

SUBJECT	DAY	TIME
ENGLISH	MONDAY	15:30 – 17:00
SCIENCE	TUESDAY	15:30 – 17:00
MATHS	WEDNESDAY	15:30 – 17:00

### Students studying for a Grade 5 to 7

SUBJECT	DAY	TIME
SCIENCE	WEDNESDAY	19:00 – 20:30
ENGLISH	THURSDAY	17:15 – 18:45
MATHS	SUNDAY	14:00 – 15:30

### Students studying for a Grade 7 to 9

SUBJECT	DAY	TIME
MATHS	TUESDAY	17:15 – 18:45
ENGLISH	FRIDAY	17:15 – 18:45
SCIENCE	FRIDAY	19:00 – 20:30

## KEY STAGE 3

SUBJECT	DAY	TIME
SCIENCE	MONDAY	5:45 – 6:45PM
MATHS	WEDNESDAY	5:05 – 6:05PM
ENGLISH	THURSDAY	6:50 – 7:50PM



# Art and Design

The students below have particularly impressed their teachers with their work in design subjects this week. Some fantastic progress and incredibly positive attitudes. Well done!



**TEXTILES**

EMILY BOYCE  
YEAR 10

**DESIGN**



WILL NICHOLSON  
YEAR 10



**TEXTILES**

ELLA McMAHON  
YEAR 11

**DESIGN**



ELISSA AVEYARD  
YEAR 11

# BBC Community Champions



In 2020 a local care home in Kirklees were looking for ways to alleviate some of the isolation and loneliness faced by its many residents who were unable to meet their family and friends. The Care Home and Founder of Give...A Few Words Sharron Wilkinson came up with the idea of letter writing.

This project was initially supported by One Community, the Net Foundation, FOCAL and Locala. and hundreds of amazing volunteers. The idea spread wider and the response has been phenomenal.

The idea of words/letters being shared with others to help reduce feelings of isolation just seemed right at this present time (and really, who doesn't love a letter landing on their doorstep?). The organisation have reported that the letters were a real talking point for many recipients, and triggered many a discussion of childhood memories.



## Top Tips for Postcard Writing!

- Share your experience about your trip
- Share some interesting facts about the location
- Share your thought on food, local customs
- Accommodation
- Any funny stories or mistakes that you have made

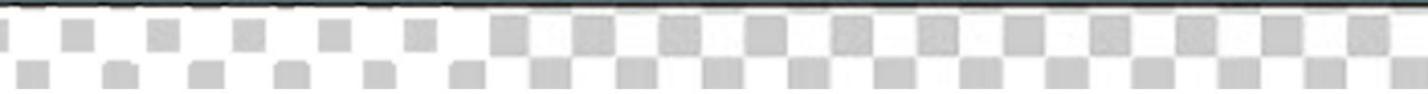
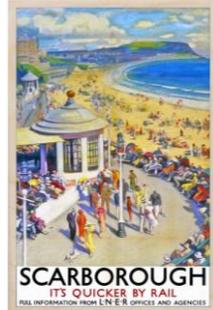
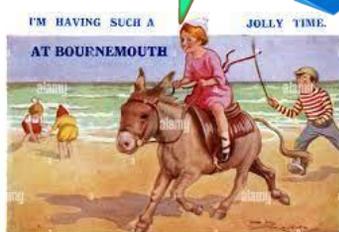
This summer holiday **Give... A Few Words** are asking for people to send postcards to people who may be feeling lonely or isolated.

If you are heading away for a day trip or holiday this summer, either in this country or abroad, please consider buy a postcard and sending it to the address below. You never know, you could make someone's day!



## The Address To Post To:

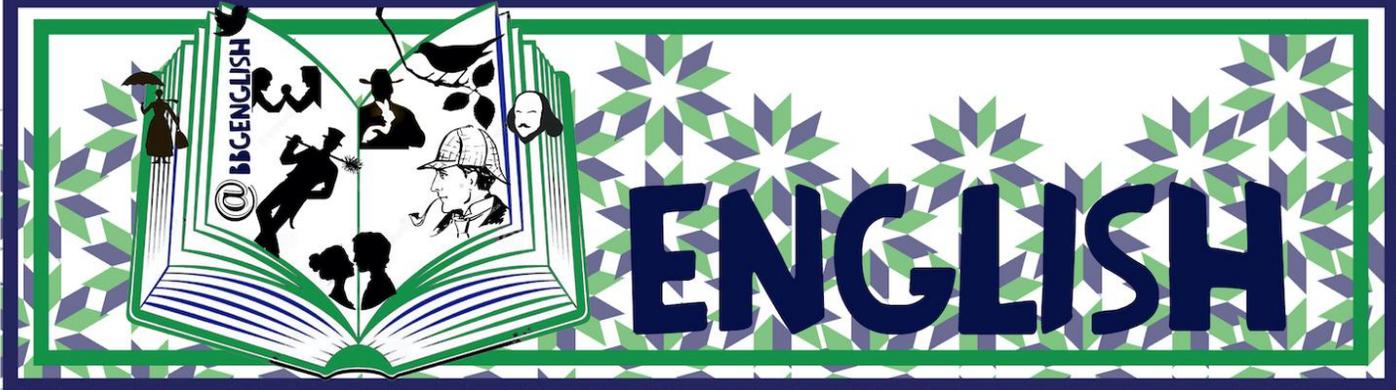
Give...A Few Words  
PO Box 209  
c/o Mail Boxes etc  
6 Queen Street  
Huddersfield  
HD1 2SQ



# DESIGN

Year 8 Food students have been learning about Entomophagy this week. They started the lesson with some 'tasty treats' and then thought about how we might convince people to be more open minded about trying insect eating with a bit of branding! Great lesson. Well done Year 8.





# SUPERSTAR SUPERSTAR

The English department have been super impressed with the following students' resilience, work ethic and progress this term.

Well done #Team BBG, you continue to amaze us with your astounding effort – keep up the hard work!

<b>8</b>
<b>8NHN</b> Sebastian Prescott has made an impressive start. Perceptive and mature responses to questions and a great sense of humour!
<b>8RFS</b> Lily Metcalfe works hard every single lesson. She is quietly enthusiastic and takes care in everything she does. Keep up the good work!
<b>8SSH/ZAM</b> Lydia Palmer-Williams demonstrates thoughtful responses to questions, presents her work beautifully and gives her all – well done!
<b>8KVE</b> Declan Hammond has a fantastic range of vocabulary and always contributes in class. A fantastic start to Year 8.
<b>8EHS</b> Grace Charlton Brown – absolute superstar every lesson! Grace's answers are well considered and thoughtful – well done.
<b>8ZAM/SSH</b> Jack Horsfield has made an excellent start this term by always wanting to contribute to class discussion and class reading. Well done.
<b>8AU/BYG</b> Robert Lowe has made a fantastic start to Year 8 English with his excellent understanding of Room 13! Well done!
<b>8BYG</b> Charlie Turpin – A really good start to Year 8! Always first to put his hand up and give a question a try, top effort!

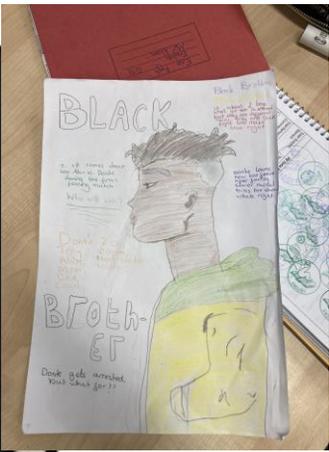
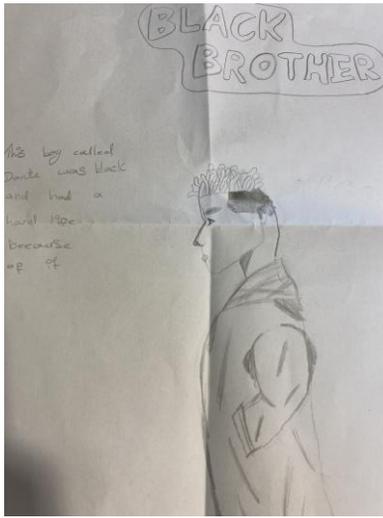
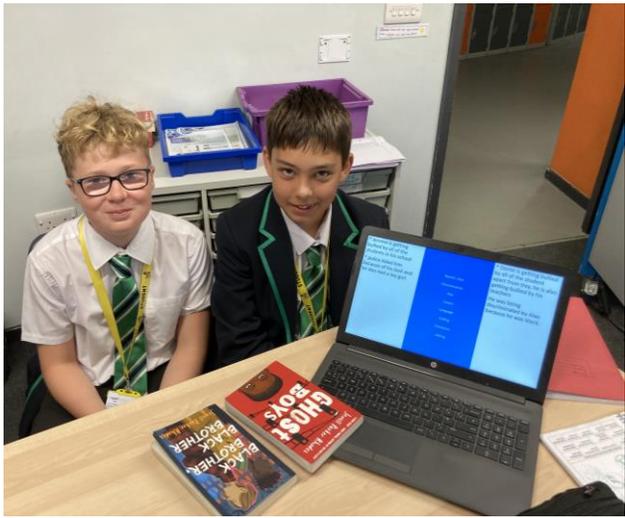
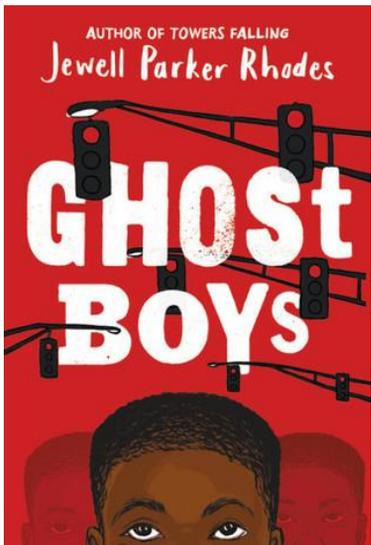
**Bedrock Super 9**  
Badges were awarded to 9 of our top performing students for progress made whilst completing Bedrock homework. **Well done superstars!**  
Year 7  
Mia Owens  
Ben Lee  
Timothy Walker  
Megan Walker  
Year 8  
Savana Bailey Chamberlain  
Unique Ball  
Sophia Creasy  
Pheobe Mortimer  
Year 9  
Alfie Kemp  
**KS3 Students are encouraged to continue completing two sessions per week of Bedrock over the summer break.**

**BBGNews Team**

A massive **THANK YOU** and **WELL DONE** to our BBGPress Team: Cerys Barson, Dexter Hughes, Sam Jones, Nathan Bromley, Jaiden Robinson, Maja Kacprzak, Connie Voyce and Elissa Kilburn. Have a great summer!

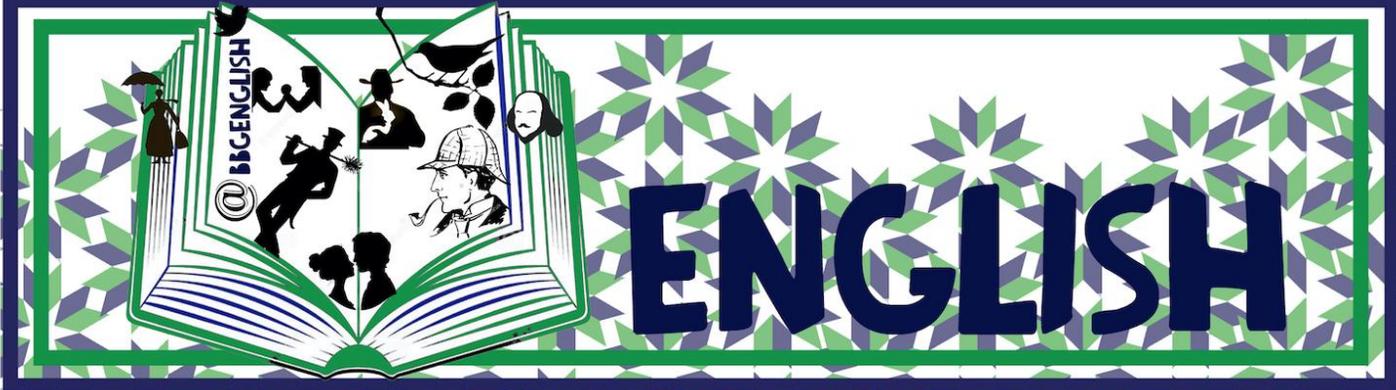
# ENGLISH

Year 8 students have read two novels in the last 12 months by author Jewell Parker Rhodes: Ghost Boys at the start of Year 7 and this half term Black Brother, Black Brother. Students spent their last double lesson with Mr Smith comparing both novels. Students decided their own success criteria comparing character, setting, plot, theme, language, endings and covers. Timothy Walker discovered that the protagonists in both novels (Jerome and Donte) are 12; the same age as Year 8. Students discussed ideas about racial bias, prejudice and discrimination.



Posters by Erin Pugh and Kaden Newsome.

Presentations by Timothy Walker, Matthew Addison, Leo Smith and Leo Hodgson.

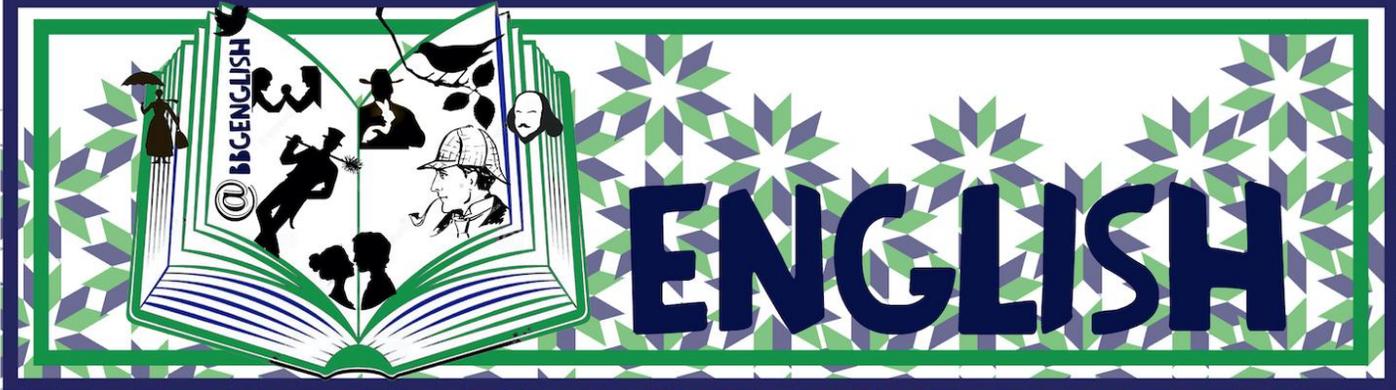


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Well done #Team BBG, you continue to amaze us with your astounding effort – keep up the hard work!

9	10
<p style="text-align: center;"><b>9BYG</b></p> <p>Tyler Young – An inquisitive mind and an enthusiastic learner, keep asking questions and keep up your efforts!</p>	<p style="text-align: center;"><b>10SSH</b></p> <p>Arlo Coubrough has made an outstanding start to Year 10 English, asking questions, giving 100% effort and winning at life.</p>
<p style="text-align: center;"><b>9EHS</b></p> <p>Matilda Thompson is an absolute superstar. She is so kind and supportive towards her peers and has impressed me with her work and effort already.</p>	<p style="text-align: center;"><b>10RCL/AUA</b></p> <p>Alfie Watson has impressed me massively so far this year. He always offers an answer in lesson, is keen to know how he can edit, redraft and perfect his work to the best of his ability and he helps others understand, too! Well done!</p>
<p style="text-align: center;"><b>9RFS</b></p> <p>Freddie Davis is one of the most polite and helpful students I have ever met! He is kind to his peers, consistently giving his best effort – what more could I ask for? Well done!</p>	<p style="text-align: center;"><b>10BYG</b></p> <p>Maja Kacprzak – A fearless and positive attitude towards the work, keep up your commitment to improving your own work and maintain your impressive level of resilience!</p>
<p style="text-align: center;"><b>9RJS</b></p> <p>Riley Cleary is always enthusiastic in English and keen to contribute, whether through reading aloud or by sharing his ideas. Great start to the year Riley!</p>	<p style="text-align: center;"><b>10ZAM</b></p> <p>Olivia Hawkshaw has shown dedication, drive, and zeal in all her English lessons. A massive well done!</p>
<p style="text-align: center;"><b>9SSH</b></p> <p>Logan Pinder is always positive, willing to participate and supports his peers. Great start to Year 9!</p>	<p style="text-align: center;"><b>10RJS</b></p> <p>Isla Casterton-Lunn has made a fantastic start to her GCSE studies with some brilliant pieces of writing</p>
<p style="text-align: center;"><b>9AUA</b></p> <p>Brandon Newby has made an excellent start to Year 9! Always keen to contribute and enthusiastic in class!</p>	<p style="text-align: center;"><b>10RFS</b></p> <p>Louie Sykes has really impressed me so far this year with his 'can do' attitude and his striving to improve his work. One of the first to complete his speech too – fab effort Louie!</p>
<p style="text-align: center;"><b>9ZAM</b></p> <p>Elissa Kilburn is very meticulous in her work and continues to produce excellent work in every lesson. A massive well done!</p>	<p style="text-align: center;"><b>10SBC</b></p> <p>Elianna Harper has made an amazing start to Year 10. She is hardworking and thoughtful, and eager to do well. I am very impressed, and look forward to seeing her success in year 10!</p>
<p style="text-align: center;"><b>9KVE</b></p> <p>Archer Ward always volunteers to read and answer questions. Keep it up Archer!</p>	<p style="text-align: center;"><b>10KVE</b></p> <p>Keani Hughes has made an excellent start to Year 10 and has produced some very passionate work on speeches. Well done Keani.</p>

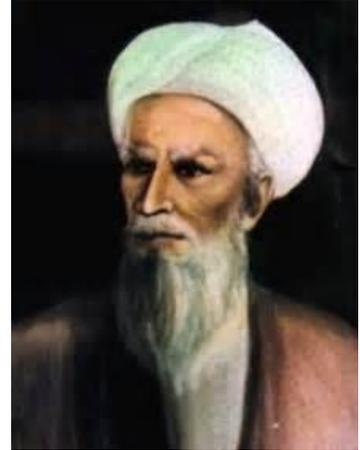
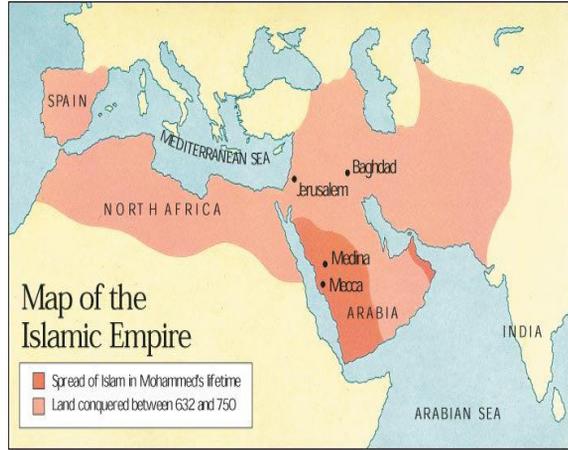


The English Department have been super impressed with the following students' resilience, work ethic and progress this new academic year.

Well done #Team BBG, see you on the other side!

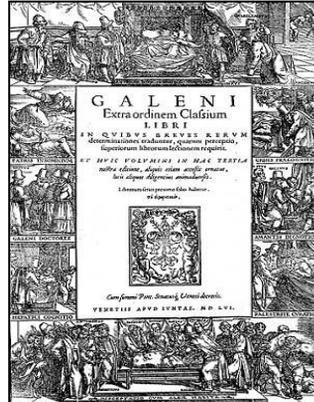
11	11
11NHN Georgia Marsden has made a fabulous start to Year 11. She tries hard every lesson and is willing to answer any questions posed. Loving her enthusiasm!	11EHS Lacey Green is nothing but a superstar every single lesson. She works extremely hard and will never give up – no matter what the challenge. I'm so proud of you Lacey – this will be your year!
11KVE Phebe Firth always tries her best every day and is a polite and kind member of the class. She asks for extra work and help and always strives to improve. Well done Phebe!	11RCL/AUA Lillie-Rose Finneran is conscientious, focused and inquisitive. It's great to have someone in class who is keen to learn through asking her own questions and seeing things from alternative perspectives.
11RFS Rubin Ward has started the year as he means to go on. Acting on feedback, purposeful revision and increasing in confidence in class. Keep up the good work, I look forward to seeing what else you can do!	11RJS Dylan Grimshaw is committed to his studies and a delight to have in class. He is diligent, focussed and dedicated, and is constantly striving to improve. I'm sure he will excel in Year 11.
11SBC Jemima Eklid has really impressed me with the way that she has begun her journey in Year 11. She is hardworking, conscientious, eager to hear feedback and to improve, and keen to meet deadlines. All of this tells me that she will be a massive success this year!	11SSH Tiana McCue has overcome some real personal hurdles in English over the past 12 months, however her determination, growth mindset and determination to succeed has really paid off in the recent mocks – I'm so proud of you!

# HISTORY



## Year 10 Health and the People Heading East!

In a week of middle eastern temperatures, it seemed an appropriate time for Year 10 to investigate Islamic contributions to medicine, as part of their broader question of the significance of religion to medieval understanding of disease. Students discovered how religion could both hinder the development of medicine, as well as the interaction of this knowledge during the Crusades.





# Performing Arts

It is the time of year for out of school performances, and we are spoilt for choice at the moment. Last weekend The Emma Coombes Dance Academy (TECDA) performed the annual summer show at the Laurence Batley Theatre in Huddersfield, and many of our students featured on stage.

We are always amazed by the way our students come to life when they perform, and this show was no exception. It featured a wide range of dance styles, from ballet, tap and modern, through to musical theatre, and the age range of the performers was huge. The tiny pre-schoolers are treated with as much respect in their first ever performances as the senior dancers with their years of experience. The tiny tot looking for Nana in the audience before the stage lights came on was a particular highlight!

The BBG students taking part in the show were Connie Voyce, Daisy Nolan, Sienna Kilner (who we saw last week on the rugby pitch... a complete contrast to her ballet solo!), Kiera Voyce, Rosa Taylor, Abigail Baines and Matilda Finn, and it was also lovely to see BBG alumnus Zoe Cole performing again (#AlwaysTeamBBG!). All eight of the girls were fabulous. They made every single move look easy, whatever the style, and how they remember so many different dances is a mystery to the non-dancers among us!

Next weekend we'll be at the Leeds Carriageworks Theatre to watch the Stuarts Stage School summer showcase. This is another of our favourite events, and it is truly wonderful to see the BBG students taking part. Aoife Sugden, Hannah Porter, Megan Walker, Alumni Alex Porter and Maisie Watts will be taking part, along with our future Year 7 (Class of 2027) students, Roisin Sugden and Sophie Haigh.

And in yet more performing news, Libby and Holly Kershaw, from Year 11, recently performed in the Spen Amateur Youth Society's production of Matilda at Cleckheaton Town Hall. Holly played the role of Erika, and Libby played Miss Honey. Unfortunately they forgot to tell us that they were performing, so we were unable to go and watch, but they have learnt their lesson and will keep us informed next time! Well done Holly and Libby! We're very proud of you!





# Physical Education

Pre-Option PE students have had their first taster of what it might be like to study GCSE PE or CNAT PE at BBG.

Up until Summer, students have been looking at the skeletal system, and specifically the different types of bones, the functions of the skeletal system, parts of a joint and different joint movements.

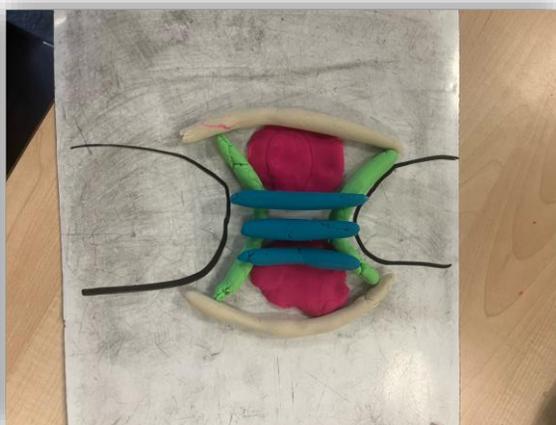
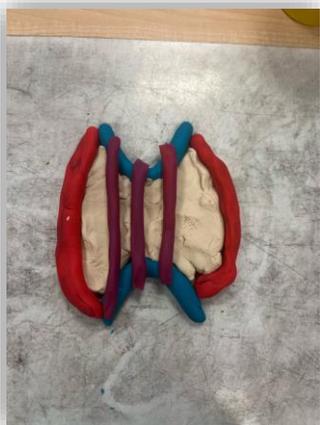
So far, students have been making human skeletons in Miss Sanford's class...



In Mr. Andre's class, students have been playing bench ball to identify different joint movements.



In Miss Blackburn's class, students have been making joints out of play doh...



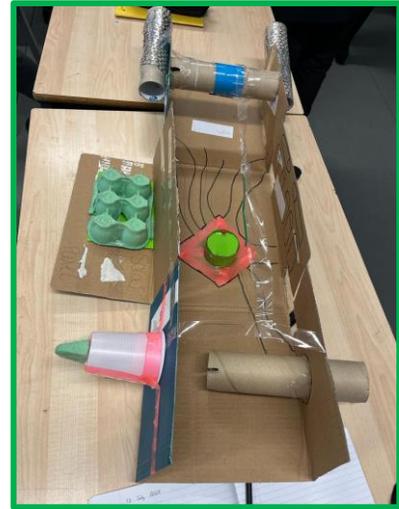
# BBG SCIENCE



Year 9 have been loving learning about space!

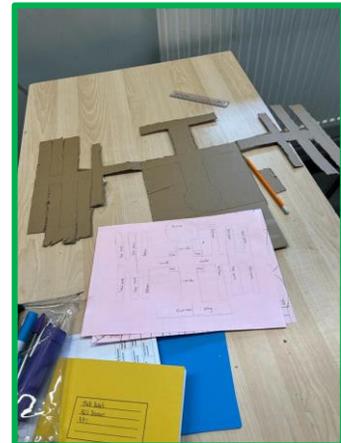
We have studied a wide range of topics such why we have days, months and years, seasons, eclipses and phases of the moon. We have also looked at what is in our solar system and what galaxies and the Universe are.

Miss Shannon's class discussed what life must be like for astronauts on the International Space Station (ISS). They discussed eating, sleeping, washing and going to the toilet!



They were fascinated and after researching life on board and the layout of the ISS, they attempted to make their very own!

Year 9 showed they have great team building, communication, organisation, creativity and resilience!



# Travel & Tourism

For completing their Destination appeal



**(l-r) Emily Taylor Poppy, Rylands, Miya Howarth**

For sowing great resilience and focus in completing their coursework ON TIME



**(l-r) Qabid Alade, Elissa Aveyard, Dalton Healy**

For showing great resilience and focus in completing their coursework ON TIME



**(l-r) Kayne Steel, Owen Sutherland, Evie Sykes**

# TWEETS of the WEEK



**BBG Academy PE @BBGAcademyPE · Jul 20**  
 Love Sport? Want to attend @BBGAcademy in September 2023? If you live in the BBG priority admissions area, you could secure a place by being successful at our rugby and netball trial on Saturday 24th September 2022. Please click the link to register [forms.office.com/Pages/Response...](https://forms.office.com/Pages/Response...)



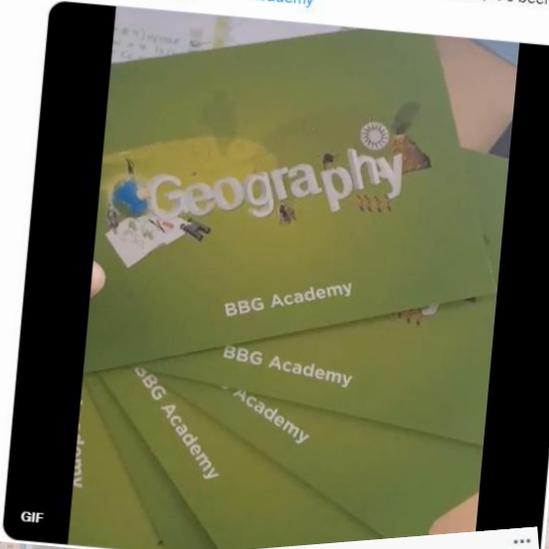
**Jack Laycock @LaycockArt · Jul 19**  
 Despite the heat, year 9 have created some fantastic monoprints this morning! [@BBGAcademy](#)



**BBG Academy @BBGAcademy · 5h**  
 Learning about conspiracy theories and making tin hats! Love the last day antics! ❤️💚💙



**BBG Geography @BBGGeography · Jul 21**  
 Geography praise postcards ready to go! Well done everyone, it's been a great term! ❤️💚💙 [@BBGAcademy](#)



**Jack Laycock @LaycockArt · Jul 21**  
 Year 8 experimenting with mixed media, to create some really colourful abstract pieces of art! ❤️💚💙 [@BBGAcademy](#)



**BBG Academy PE @BBGAcademyPE · Jul 20**  
 11.5 took the gold medal at sports day today. Well done to all students for taking part. #TeamBBG [@BBGAcademy](#)



# STAY SAFE ONLINE THIS SUMMER

How many tips can you find?

UNSURE?  
ASK A TRUSTED  
ADULT





## CERTIFICATES AWARDED TO



### **Imogen Barnes**

Always arrives to form on time with all her equipment for the day ready to go! She is an excellent role model to the form



### **Happi Ainsworth**

Quietly brilliant and has settled into Year 8 really well.



### **Zac Caesar**

Zac has excellent manners and is a pleasure to have in form on a morning! His contribution to his football club outside of school is wonderful to see

# YEAR 9

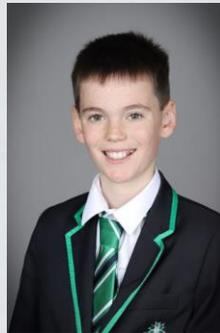


# STARS OF THE WEEK



**JESSIE BROWN**

Jessie is always a delight to have in form. She is consistently brilliant, attentive and polite



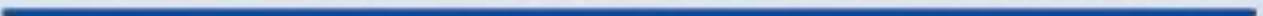
**ALEX JACK**

Improving his attitude and behaviour in lessons



**DEXTER HUGHES**

Always well prepared, mature, polite and a positive role model for all





MRS SULLIVAN'S

# STAR OF THE WEEK



**EMILY COLLING**

Positive attitude and work effort



**OLIVER GALL**

Working hard for his GCSE option



**CASSIDY SMITH**

Working hard and contributing to lessons

**HARRY WARD**



Making the effort to work harder in lessons



**RUBY WOODCOCK**

Always putting in 100% effort into her work



**ALEX CARROLL**

Making great progress with GCSE work



**NATHAN SMITH**

Positive mindset and 100% effort



**JASON CATTON**

Working hard in his lessons and developing confidence

bbg year



# STARS OF THE WEEK

JACK JONES AND LAURA KOSAREWICZ

For Leading from the front, motivated to succeed.



Quietly making waves through consistent effort and exemplifying behaviour!



# BBG SUPPORT

We want you to feel there is always someone to talk to.

We will always listen to you.



New email alert

[Tellsomeone@bbgacademy.com](mailto:Tellsomeone@bbgacademy.com)



# don't let hate win

A confidential 24-hour support service for young people under 18 experiencing or witnessing a Hate Crime

**Call: 0808 801 0576**

**Text: 07717 989025**

For other ways to contact us visit:  
[callhateout.org](http://callhateout.org)



## Introduction

Ofsted Parent View is an online survey that allows parents to give their views about their child's school. Parents can complete the survey at any time. By 'parents', we mean any person with parental responsibility for a child at the school.

Ofsted Parent View is also the main mechanism for parents to give their views to inspectors at the time of a school inspection.

You can access the survey directly from the [Ofsted Parent View site](https://parentview.ofsted.gov.uk/) or from the homepage of [Ofsted website](https://www.ofsted.gov.uk/).

Schools can encourage parents to use Ofsted Parent View to give the views on a school either during an inspection or at any other time of the year.

<https://parentview.ofsted.gov.uk/>

## Ofsted Parent View questions

My child is happy at this school	My child feels safe at this school
The school makes sure its students are well behaved	My child has been bullied and the school dealt with the bullying quickly and effectively
The school makes me aware of what my child will learn during the year	When I have raised concerns with the school they have been dealt with properly
Does your child have special educational needs and/or disabilities (SEND)?	The school has high expectations for my child
My child does well at this school	The school lets me know how my child is doing
There is a good range of subjects available to my child at this school	My child can take part in clubs and activities at this school
The school supports my child's wider personal development	I would recommend this school to another parent (yes or no)



## Be #OnlineSafetySavvy

Keep up with the latest apps games and tech your children are using, with the worlds most comprehensive online safety app for parents.

### On the National Online Safety app you'll find:

- ✓ Hundreds of online safety guides on the topics you need to know about – from screen addiction, fake news and trolling to hacking, social media influencers and sexting;
- ✓ An online safety training course for parents – developed by our experts and delivered by online safety ambassador Mylene Klass;
- ✓ A user-friendly interface with increased functionality – find exactly what you need, when you need it;
- ✓ The option to get notifications to your phone as soon as new content becomes available – so you can stay up-to-date with the latest online crazes (and risks);
- ✓ An in-app voting system so you can help determine the subjects you'd like us to cover in future;
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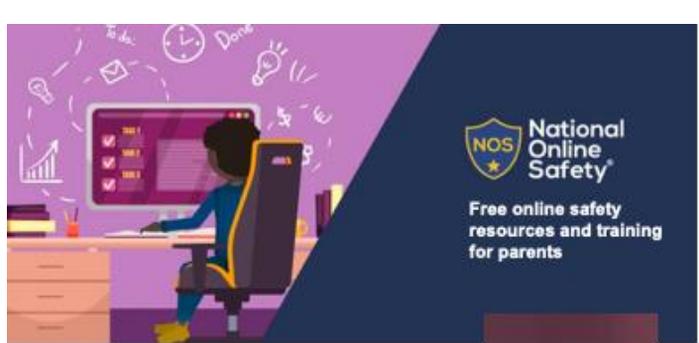


# TOO MUCH TECH TIME?

## GUESS WHAT... IT'S IMPACTING YOUR SLEEP. WANT TO KNOW WHY?

JOIN THE CONVERSATION  
[TEENSLEEPHUB.ORG.UK](https://teensleephub.org.uk)

#TEENSLEPMATTERS



Free online safety resources and training for parents

Create an account to sign up online resources, weekly guides and free training at <http://nationalonlinesafety.com/enrol/bbg-academy> and complete your details. Once you're set up you'll be able to set 'parent/carer' as your user type.



### 10 Top Tips for Keeping Children Safe From Cyber Crime

Published: 16th February 2021

This week's free online safety guide focuses on 10 top tips for keeping children safe from cyber crime. We all want to ensure being informed and inspired by the ever-changing capabilities of the internet. This guide takes a look at a range of top tips such as backing up your data, how to spot phishing text and how to recognise warning signs.

[VIEW THE GUIDE](#)

[VIEW ALL TRAINING](#)

### 7 Top Tips for Supporting Children to Express Themselves Safely Online

Published: 3rd February 2021

This week's free online safety guide focuses on supporting children to express themselves safely online. The past year has left many children feeling uncertain and unsure, so this year's Children's Mental Health Week has adopted the theme of 'express yourself'. The guide takes a look at a range of top tips on supporting their identity, supporting their interests and enabling emotional expression.

[VIEW THE GUIDE](#)

[VIEW ALL TRAINING](#)

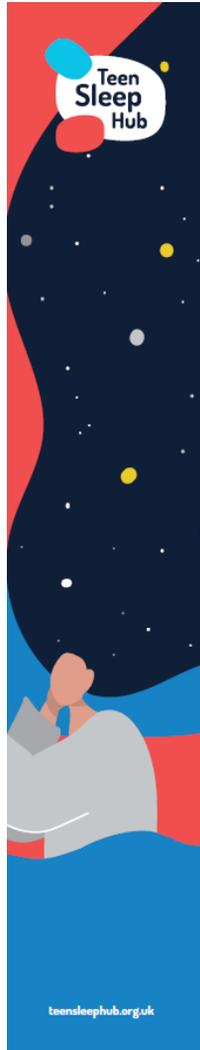
### What Parents Need to Know About WeChat

Published: 27th January 2021

This week's free online safety guide focuses on WeChat. WeChat is an all-in-one communications app for free text messaging, voice and video calls, photo sharing and games. The guide takes a look at how to enable a range of parental risks such as adult content, strangers and drug dealing.

[VIEW THE GUIDE](#)

[VIEW ALL TRAINING](#)



# WELCOME

## HOW TO IMPROVE THE SLEEP OF YOUR STUDENTS

In Autumn last year, we launched our new Teen Sleep Hub, as part of our Teen Sleep Matters campaign, and it has been an amazing success so far with so many of you getting involved in sharing the information we supplied. We have also had lots of support from the Mental Health Foundation and Royal Society for Public Health.

Covid-19 continues to impact on the health and wellbeing of young people, in particular around their sleep and mental health. Even with the return to school, we are still living in uncertain times and young people are still suffering with isolation, learning at home with bubble closures, out-of-school activities suspended and routines being altered dramatically, it has been, and remains, extremely challenging.

Since we last made contact we have been working hard to continue to push this campaign and we have now launched a Live Chat service on our **Teen Sleep Hub**. This facility is available on Tuesday and Thursdays from 6-8pm so young people can chat about any issues they are having with their sleep with one of our trained sleep practitioners. Please do direct your students to this and even inform parents of this service.

### In this second pack you will find

- A selection of NEW posters promoting the Live Chat that can be emailed out to students and parents and, when normally resumes, can be printed and put up in classrooms, toilet facilities and other communal areas
- Social media graphics that you can use on your social channels and website to direct students and parents to the Teen Sleep Hub

As a reminder, the Teen Sleep Hub is a hive of information around sleep aimed at teens (not their parents) and includes a downloadable eBook and a series of top tips videos. We were supported on this project by our amazing Youth Advisory Panel, made up of young people aged between 13 and 19, across the country. It has been a great success so far with over **17,000 downloads of the eBook**, proving that young people want the knowledge to help them improve their sleep.

Thank you for your support. Please do get in touch if you have any questions or would like to know more.

*Lisa Artis*

Lisa Artis  
Deputy CEO  
The Sleep Charity

# C+K



## Get Inspired Event 2022

a careers event for Year 11  
students and parents/carers

**Thursday 13 October 2022**

4.00 - 7.30pm

at **Dewsbury Town Hall**

Wakefield Old Road, Dewsbury, WF12 8DG

Scan the code  
to book your  
tickets on  
Eventbrite



[GetInspired2022\\_Dewsbury.eventbrite.co.uk](https://www.eventbrite.co.uk/e/get-inspired-2022-dewsbury)

### Join us!



Talk to employers, training providers, school sixth forms,  
colleges, universities and C+K Careers advisers

### Our Sponsors



For further info email: [events@ckcareers.org.uk](mailto:events@ckcareers.org.uk)

## MyDirections.co.uk





# NETBALL



## **BIRKENSHAW BELLS NETBALL CLUB RECRUITING PLAYERS**

### **IN YEAR 9 FROM SEPTEMBER 2022**

If you are interested in playing competitive Netball, Birkenshaw Bells are recruiting players for the 22/23 season training Tuesdays and competing in Division 1 of the West Yorkshire Junior League

### **IN YEAR 7 FROM SEPTEMBER 2022**

If you are interested in playing competitive Netball, Birkenshaw Bells are recruiting players for the 22/23 season training Thursdays and competing in the West Yorkshire Junior League

Email now for more details

**[BIRKENSHAWBELLS@OUTLOOK.COM](mailto:BIRKENSHAWBELLS@OUTLOOK.COM)**





# Physical Education

## Year 11 Sports Day

Wednesday morning saw the final Sports Day of the year when Year 11 came out to compete in their form groups. The format was the same as in other year groups with students competing in Netball, Football and Rounders with Javelin, Discus and Shot Putt mixed in between.

Then onto the track with the 800m, 400m, 200m, 100m, 4x100m relay, high jump and tug of war. We had some of school records broken by Ilyran Walker who won the 800m in a time of 2.24 minutes, Cameron Moss won the Shot Putt with 12.64m and the high jump with 1.65m and Kyle Hallam-Rivas with a new Javelin record of 29.4m. Form 11.5 also won their relay in a school record time of 55 seconds.

Below is a summary of the results:

Event	Boys Time	Year	Name	Girls Time	Year	Name
800	2.24	2022	Ilyran Walker	2.56	2022	Maisy Austin
400	1.04	2022	Louie Sykes	1.19	2022	Emily Boyce
200	28s	2022	Seb Bartocha	32s	2022	Isla Boocock
Relay	55s	2022	11.5 Kyle Hallam - Rivas, Cameron Moss, Charlie Kellett, Ben Johnson-Williams	1.04s	2022	10.6 Aoife Sugden, Emily Boyce, Angelique Ali, Emilia Stockhill
High Jump	1.65m	2022	Cameron Moss	1.35m	2022	Hannah Porter
Shot Putt	12.64m	2022	Cameron Moss	7.5m	2021	Lauren Dalton
Discus	24.6m	2022	Ted Lowe	15.3m	2022	Shelby Freeman
Javelin	29m	2022	Kyle Hallam-Rivas	17.3m	2022	Izzy Dawson
<b>Winning Form</b>						
Football			11.6			
Netball			11.3 & 11.5			
Rounders			11.5 & 11.6			
Tug of War			11.5			





# SPORTS STAR OF THE WEEK



**Georgia  
Marsden**

Great attitude towards  
GCSE coursework



**Finlay Hubbard**

Fantastic work rate in  
GCSE PE



**Hannah Porter**

Brilliant contributions to  
Year 9 PE



**Pheobe Mortimer**

Brilliant contributions to  
Year 9 PE



# SPORTS STAR OF THE WEEK



**Charlie  
Blackwood-  
Howgate**

Brilliant contributions to  
Year 9 PE



**Seb Bartocha**

Great effort and team  
work in PE this week



**Mercedes Trott**

Good effort this week in  
core PE and including  
others



**Bowan Galligan**

Great effort levels and  
competitive attitude in  
PE



# SPORTS STAR OF THE WEEK



**Matthew Shields**

Fantastic attitude and great effort levels in PE



**Fin Dunne**

Fin is becoming a leader in his group, he always shows great attitude and gives 100% effort



**Jack Pickles**

Great attitude in PE



**Will Nicholson**

Always gives 100% in all activities