ISSUE 253 - Friday 9 June 2023





the bbg bulletin

GOOD LUCK OLIVIA

We are super excited to share the fantastic news that Olivia Baker in Year 10 has been selected for the All-England Dance Theatre Young Dancer final in London. An incredible achievement that will see her work with and compete against the top 50 dancers in the country in a prestigious event in London next weekend. The weekend includes a workshop, a photo shoot and the opportunity to work with former Strictly Come Dancing judge Arlene Phillips.

Olivia, who is incredibly modest about her achievements, started dancing at the age of three at the Elaine Howarth Centre Stage School, where she still dances. She remembers being painfully shy and suffering from stage fright, and not being able to stay on the stage for more than a step or two before running off! That's has most definitely changed, Liv shared with me the incredible feeling she gets when being on stage. That, and the wonderful friendships she has made, are the reasons she loves to dance.

Liv is hugely committed to the pretty gruelling annual schedule she follows, competing in so many styles of dance including modern jazz (which is her favourite) tap, ballet, point, modern, jazz, theatrecraft and musical theatre.

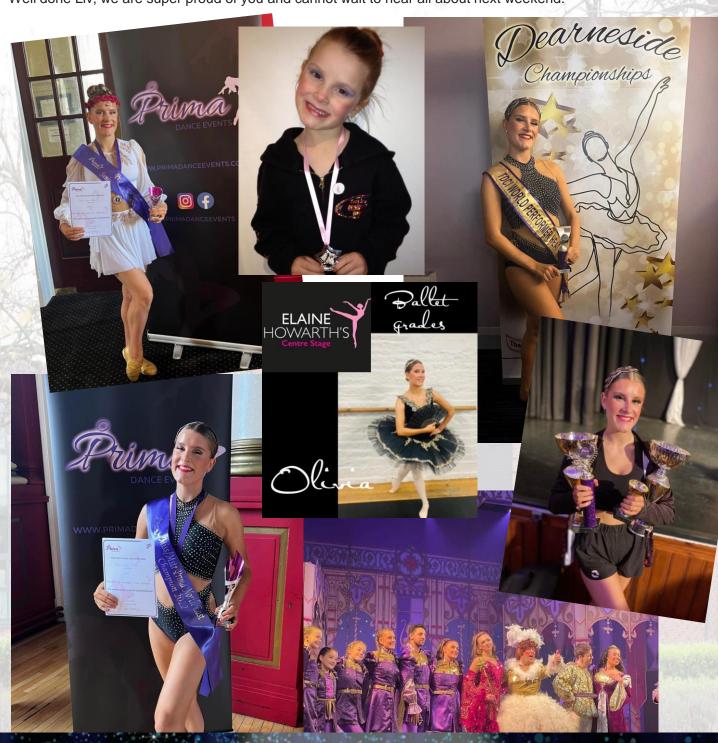


The effort and commitment do pay off, and Liv has seen some incredible successes over the years, accolades including the Miss Prima Title (2022), Prima Modern Champion (2022) Tap runner up (2022), Scholars IDTA for Modern and Ballet (2022) Freestyle Scholars runner up again this year, and reaching the final for Modern World Performer Finalist 2022 and again qualifying for the final in November 2023. Liv also danced in the production of Sleeping Beauty at the Victoria Theatre Halifax in December 2022.

This roll of honour does not come without an incredible commitment to practice, a brutal schedule and some personal sacrifice. But this doesn't stop her, and she is excited to start to prepare for the entry of the Miss Dance of Great Britain Heats in the coming weeks, as she loves her routine.

It really is clear to see how much Olivia gets from dancing, a real passion, grown from that very first medal, that she remembers made her 'just so happy'.

Well done Liv, we are super proud of you and cannot wait to hear all about next weekend.



GOOD LUCK OLIVIA





Name

Alexie Hulley Hudson Rowan

Annie Bancroft

Award

Sporting Excellence Award Sports Personality of the Year Sports Personality of the Year







These are prestigious awards that are given to students who:

- Represent the school or their community with pride
 - Are a role model to others
- Are dedicated to sport, both in and out of school
- Have an exemplary attitude around the academy
 - Are driven to meet their full potential
 - Are resilient







Name	Award		
Alexie Hulley	Sporting Excellence Award		
Hudson Rowan	Sports Personality of the Year		
Annie Bancroft	Sports Personality of the Year		
Logan Murray	Year 7 Football Player of the Year		
Caelan-Kole Cadamarteri	Year 8 Football Player of the Year		
Isaac Dale	Year 9 Football Player of the Year		
Sam Booth	Year 10 Football Player of the Year		
Chris Bumhira	Year 11 Football Player of the Year		
Mia Wilby	U13 Girls' Football Player of the Year		
Ruby Haigh	U15 Girls' Football Player of the Year		
Daniel Jackson	Swimming Award		
Spencer Worthington	Cross Country Award		

Name	Award		
Seb Prescott	U13 Basketball Player of the Year		
Ethan Williams	U15 Basketball Player of the Year		
Gabriella Rowan	Year 7 Netball Player of the Year		
Ava Heddon	Year 8 Netball Player of the Year		
Charlotte Harding	Year 8 Netball Resilience Award		
Lily Pailing	Year 9 Netball Player of the Year		
Jessie Brown	Year 9 Netball Resilience Award		
Hannah Dodge	Year 10 Netball Player of the Year		
Kiera Voyce	Year 11 Netball Player of the Year		
Lincoln Fagborun	Year 7 Rugby Player of the Year		
Arran Quinn	Year 8 Rugby Player of the Year		
Joshua Ward	Year 8 Rugby Resilience Award		
Owen Sheard	Year 9 Rugby Player of the Year		
Theo Dufton	Year 9 Rugby Resilience Award		
William Wilkinson	Year 10 Rugby Player of the Year		







Nominees

Sporting Excellence Award

Olivia Baker

Lily Hirst

Caelan-Kole Cadamarteri

Dan Jackson

Sports Personality of the Year

Charlie Turpin

Isaac Dale

Arlo Coubrough

Matilda Finn

Lydia Holdsworth

Neve Whitaker

Year 7 Football Player of the Year

Noah Suggitt

Cooper Crick

Arthur Thompson

Spencer Worthington

Year 8 Football Player of the Year

Zac Caesar

Spencer Hartley

Harrison Taylor-Mell

Year 9 Football Player of the Year

Theo Dufton

Alfie Bates

Korey Whitehead





Nominees



Year 10 Football Player of the Year

Olly Farrar

Jack Dawson

Sam Booth

Year 11 Football Player of the Year

Hudson Rowan

James Humphreys

Ben Johnson-Williams

U13 Basketball Player of the Year

Charlie Turpin

Jack McMillian

Ajani Sodeyi

U15 Basketball Player of the Year

Lebron Kemp

Ted Lowe

Seb Bartocha

BBG Swimmer of The Year

Louis Cass

Nicholas Cass

Sam Jackson

Cross Country Runner of the Year

Poppy Watts

Lucas Stead

Ben Davis

Under 13 girls football Player of the Year

Phoebe Johnson

Leah Hallas

Maisie Morley

Skye Tobin

Under 13 girls Football Player of the Year







Netball Nominees

Year 7 Netball Player of the Year

Mia Fortune Imogen Hough Freya Barstow

Year 8 Netball Player of the Year

Phoebe Johnson Sienna Dhillon Skye Tobin

Year 9 Netball Player of the Year

Nel Enright Hanifa Alade Sienna Kilner

Year 10 Netball Player of the Year

Aoife Sugden Matilda Finn Lydia Holdsworth

Year 11 Netball Player of the Year

Amelia Lavin Libby Robinson **Libby Metcalf**

Year 8 Netball Resilience Award

Georgia Boulton Lily Metcalfe Mylie Harvey

Year 9 Netball Resilience Award

Libby Hoodless Hannah Porter Ivy Soames





Rugby Nominees

Year 7 Rugby Player of the Year

Lewis Kilner

Spencer Worthington Dylan Afoa-Peterson

Year 8 Rugby Player of the Year

Lennon Morris

Spencer Hartley

Harrison Taylor-Mell

Year 9 Rugby Player of the Year

Isaac Graham

James hirst

Finley Supple

Year 10 Rugby Player of the Year

Oliver Gall

Coby Doyle

Caleb Rhodes

Year 8 Rugby Resilience Award

Lucas Manby

Miles Sharp

Matthew Shields

Year 9 Rugby Resilience Award

Daniel Baniak

Joseph English

Ryan Parkin



#Memories









#Memories





#Memories





THE GREAT BBG

It is that time of year again when we welcome the best of our budding bakers to join the Great BBG Bake Off. The Class of 2023 have already blown us away with their confident bakes in 'Dessert Week'. It has been absolutely wonderful to see so many Year 7s join this year, and lovely to see Connie back from last year. Connie impressed our professional judge, Sally Denwood over the entire competition this year, securing either Star Baker or sharing Star Baker in each of the two first challenges.

We were delighted that Connie's efforts were rewarded and after a gruelling showstopper round and judging from Sally and our 2022 winner Keani Hughes, she was crowned Star Baker of 2023. Well done Connie, we are very proud of your achievements.



THE GREAT BBG



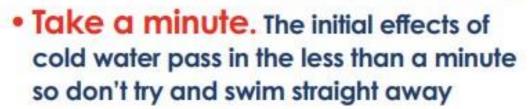


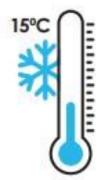




Do you know that anything below 15°C is defined as cold water and can seriously affect your breathing and movement, so the risk is significant most of the year.

If you get into difficulty in the water:





- Relax and float on your back to catch your breath. Try to get hold of something that will help you float
- Keep calm then call for help or swim to safety if you're able

If you see someone in difficulty in the water call 999 ask for FIRE

#BeWaterAware

westyorksfire.gov.uk



#TEAMBBG

Pride Month

Pride Month is celebrated every year in June, and is a month dedicated to celebrating LGBTQ+ communities all around the world. Pride is celebrated in June, as this was the month when the Stonewall riots took place. The Stonewall riots were pivotal protests that took place in 1969 in America. The protest changed gay rights for many people in the US and around the world. Pride brings people together and shows how far LGBTQ+ rights have come, but also highlights that there is still work to be done.

The month is about equality, acceptance of others, and acknowledging the work of LGBTQ+ people who have evoked change. It also raises awareness about how damaging homophobia was and still can be. Pride is all about being who you are and being proud of who you are.

Here are some famous members of the LGBTQ+ community that have made history:



Reporter: Cerys Barson

Phyll Opoku-Gyimah, also known as

Lady Phyll, is a British Political activist, renounced for her work for racial, LGBTQ+ and gender equality. She is cofounder of UK Black Pride and is considered one of the most prominent

Brenda Howard
Bisexual Rights Activist

Brenda
Howard

Known as the "Mother of Pride,"
she organized the first LGBT Pride Parade.

Brenda was a bisexual rights activist who is known as the "Mother of Pride" as she organised the first LGBTQ+ parade.



Sylvia was a gay liberation and transgender rights activist, who identified as a drag queen and then later as a transgender person. She is most well-known for being a prominent figure in the Stonewall



There are Pride events all over the country and across the world. Events include parades, theatre, dance, cinema exhibitions showcasing the work and achievements of the LBTQ+ community in these cultural areas. These take place in June with a large event in August in Manchester.

lesbian activists.

There is still stigma attached to the LGBTQ+ community and some parts of society still do not embrace and accept people for who they are. Many members of the community still worry about expressing themselves and being their true self and whilst there is much more acceptance in the media, on TV and in everyday life, many are stigmatized.

How can you support people who identify as part of the LGBTQ+community?

- Be an ally
- Speak up against hate
- Stay informed and educate yourself
- Be honest with family and friends
- Talk to other people and respect them
- Accept everyone for who they are





#TEAMBBG

The Outdoors

As much as we think we comfort ourselves by staying indoors, the outdoors is a much more fruitful place; one healthier for both your body and you mind, and, giving those who find themselves outside greater space and liberty than any mere building could afford them, it truly makes you feel at peace – free, almost.

Like most things, sadly, however glaringly overt its benefits are, the outdoors is a thing, in this day and age, neglected by many, and no more than an acquaintance to most – even I, despite my sitting down and writing this article, don't know all that much about what nature is truly like, face-to-face. Sure, we've all learned about the functions of plants and animals in our science lessons, but seeing those organisms in reality is far, far better than staring at any labelled diagram given to us – though, of course, that knowledge of which I spoke helps enhance one's appreciation of nature to a new and much greater degree, and ignorance of nature's functions may have caused most of us, as children, to put the outdoors aside and leave it lying dormant on our mental bookshelf.



Though we may, on this bookshelf, fain pick the books easily accessible, the better books are harder to reach. Nature is one of the latter – it's an ancient book, existing ever since this world learnt to write, and one read and studied by billions; but those in the library pass it by, it being so high up. Though the newer books may seem more enticing, being easier to reach and with their colourful covers and dust jackets, (this is not an attack on modern literature – I'm using it as an analogy for modern trends) they're truly shallow and may bring you no joy at all. I hope this article can act as a ladder to help you reach that ancient book – or, if not, a footstool, perhaps – and discover the joy of nature.





Physical Benefits

Going outside and doing exercise can do wonders for your body, and you'll thank yourself later in life. Getting fresh air, in itself, even, has lots to offer you – it's been proven to lower your heart rate, improve your digestion and increase your energy; so don't sit in your stuffy room for hours on end, even if the window's open – go outside! Your work will wait, if it can, and the best thing you can work on is always yourself, and your well-being (though doing your Sparx homework is also important). Exercise (even small activities like going on a walk) can reduce the risk of dangerous diseases, especially heart disease, and obesity, strengthens your muscles, bones and tendons and increases your energy for the day.

Even if your first walk in a while is tiring, don't think it's all for nothing; in a few months, you'll be running miles like it's nothing, and laughing at your past self, who was so unwilling, somehow, to improve themselves, even though the opportunity was directly before them. Being 'unmotivated', a common excuse to avoid exercise, has an easy fix – start what you were going to do. Not only will this stop you from hating yourself until the day you finally decide to achieve, but it also gets the job done! What makes a runner finish a race? That they've already started, and they didn't start for nothing.



#TEAMBBG

The Outdoors

Mental Health Benefits

Exercise, and going outside and getting fresh air, partially, releases hormones that boost your mood – serotonin and dopamine, for example. These are vital for good mental health and, though there are other ways to release them, exercise is the most common and well-known. Irritability, if it is caused by certain things, can be cured by going outside. Oxygen, oddly enough, is calming.

Animals and plants are, by their very nature, pretty and pleasing to look at – both people interested and uninterested in nature will derive some sort of temporary happiness from the sight of a fantastic creature or majestic tree. Here's an experiment: examine these two images, and evaluate your responses to them, mentally; how do they make you feel? Compare and contrast; it's as simple as that.







Done? If my hypothesis is correct, you enjoyed looking at the second image more, the one with the robin (they look very proud, don't they?), than you did the dark, empty, bland room. Which one would you rather stare at? The robin. Seeing that robin made you happy, and that, though its effect is lessened when it's put into an image, is the power of nature. When you sit there doing nothing for long enough, even the most beautiful room in the world can resolve itself into a bland, fruitless, dull, empty room.

Which one would you rather stare at? The robin. Seeing that robin made you happy, and that, though its effect is lessened when it's put into an image, is the power of nature. When you sit there doing nothing for long enough, even the most beautiful room in the world can resolve itself into a bland, fruitless, dull, empty room. When you're inactive in a room for long enough, I say, all life and joy is sucked out of that room. The room itself is inactive, and leaves no impression on you; all you can think about is that you aren't doing anything. Finally going outside after long spells indoors is an accomplishment in itself – it requires a lot of self-control and willpower, but it also requires knowledge of the benefits the outdoors can bring. If I, in this article, have brought any of those benefits to light and taught you anything new, my mission is complete.

So, what will you be doing in the Summer holidays? Let's do as much exercise as we can.









Photographer's Photographer THE WEEK



THE WEEK



Bakers Bakers OF THE WEEK





Bedrock Learning

Attainment

Pola Kacprzak 7Q1 scored 579 points - the most in the school!

Progress

Rebecca Docherty 8Q4 made the most progress with 900%.



Bedrock Superstars May 2023Attainment

7Q/En4 were our top performing class and scored 2459 points.

Bedrock homework: This month students have been learning the following words:

finite	conversely		
innovative	subsidy		
polis/poli	cosm		
Component	miss/mit		
gram	contend		





English Language GCSE Paper 1

This week Year 11 pass on their advice as they reflect on this week's English exam.





Lots of students emphasised the need to read the text and questions carefully and plan your answers.



Year 9 are well in to hazards, where the GCSE students are starting their course. We have been looking at how they happen and also what an earthquake did to Japan in 2011 leaving



Year 10 are also well into the topic of hazards. They have been comparing the earthquake of Japan to the earthquake in Haiti. The earthquake in Japan had a magnitude of 9, whereas the Haiti earthquake had a magnitude of 7 and suffered more destruction and disruption to life. Can you think why?

Many congratulations to year 11 on their graduation. In Geography, students are one exam down two to go with their Geography exams having done paper1 this week. We wish you all the best with your remaining exams and remember that our doors are always open should you need us. Well done everyone for your efforts so far and keep up the good work. Good luck and not long to go now!!

Year 7 Have started their brief topic of rivers. Learning about the journey made by a single drop of water round the water cycle. They have also looked at river basins and made a model showing what happens.

















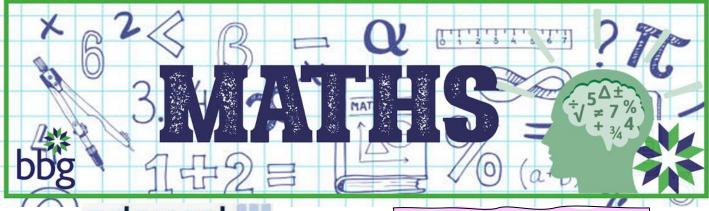
Year 9: The History of Ideas

Year 9 have begun their final challenge of the year, their study of the "History of Ideas". Students are examining the ideas that past societies had about disease in Prehistoric, Egyptian and Greek times. So far, they have discovered that from what we know, there were no viable alternatives to supernatural explanations in Prehistoric times, when taking on the role of a shaman and creating their own training manuals. A number of students demonstrated that they are now qualified to perform trephining on request!



Students were also asked to 'walk like an Egyptian' when researching life in Ancient Egypt. Students learned that this understanding of the world was then applied to medicine, with the Egyptian belief that blocked channels caused illness. In our final lessons, we will pursue Greek medicine and for those continuing to GCSE, they will find the same beliefs existed in the Middle Ages, the start of their course.





edexcel ...

advancing learning, changing lives

Year 11 Revision Websites

There are so many resources available on the internet.

Here are some of our favourites.

We use Edexcel exam board. If your teacher is Mrs Hammond, Mr McAulay, Mrs Norrrington or Mrs Brazier you will be taking the Higher paper. All other classes are taking the Foundation paper.



onmaths

https://www.onmaths.com/

This website has practice papers that you can complete online.



ExamQ

https://www.examq.co.uk/

This is a website where you can search for certain topics and then find exam questions on that topic.



The first exam is finished!

Calculator all the way now. Paper 2 7th June Paper 3 14th June

Maths Genie

Mathsgenie

https://www.mathsgenie.co.uk/

This website has many practice papers that you can download. Also it has a section that is graded so that you can find work and answers on specific topics.

Corbettm aths

CorbettMaths

https://corbettmaths.com/

This website has all sorts of resources and great videos.

The GCSE Maths Tutor •

@TheGCSEMathsTutor 166K subscribers

You've revised and are ready...



just smile and wave boys, smile and wave

The GCSE Maths Tutor

https://www.youtube.com/c/TheGCSEMathsTutor/videos ?app=desktop

This a great YouTube channel that has many exam paper 'walk through' videos.



In addition, there are Sparx and Hegarty (whichever your teacher uses) which have many videos and practice questions.



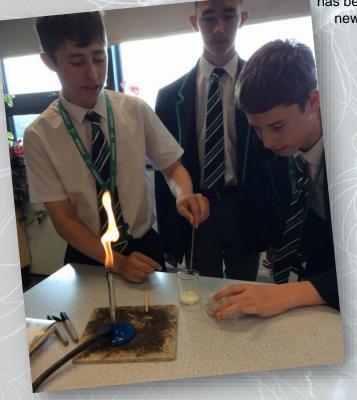


We are concerned that as bacteria evolve resistance to antibiotics, we are facing superbugs that we cannot kill. Scientists are searching for new antibiotics and recently A.I.

(artificial intelligence) has been used to find new antibiotics.

Year 10 were studying antibiotics and how effective they are at killing bacteria. We used aseptic technique to inoculate an agar plate and grow bacteria. We then placed different antibiotics on the plate to compare the effectiveness of each antibiotic.





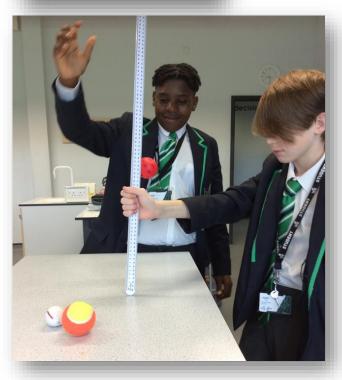






Year 7 were investigating bouncing balls and the factors that affect the height of the bounce. We discussed independent, dependent and controlled variables and looked at the best way to record results in a table. By doing repeat results and taking an average we were able to improve our experiment.

We concluded the lesson by discussing the types of energy involved and how they change. We found that the ball never bounced as high as the drop point because some of the gravitational potential energy is lost as heat to the air.





Year 9 were looking at fossilisation and extinction. We made a plaster of paris cast of some fossils to mimic the way some fossils are formed. The information we get from fossils gives us evidence for the theory of evolution by natural selection. We know from fossils that horses used to be the size of small dogs.



BBG Year



STARS OF THE WEEK



DANIEL SMITH Improvements in organisation



NOAH SMITH
Positivity and kindness

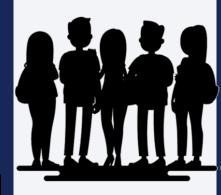


DYLAN AFOA-PETERSON Friendship and kindness



SAMUEL BELL Hard work and positive attitude

CONGRATULATIONS TO YOU ALL!





WARREN-JACK COX Quietly getting the job done



LILYA DAWSON Great work ethic and confidence



LUCAS EAGLETON
For welcoming a new
student and being
helpful



CERTIFICATES AWARDED TO



Sienna Armitage

Sienna is a polite and well-mannered young lady. She is making fantastic progress in all of her lessons and is a pleasure to have in Year 8.

Amelia Birkenshaw

Amelia is a thoughtful young lady who is always willing to help out other students around the academy. Well done, Amelia.



Zac Cesar

Zac is a mature young man; he is polite and a role model in the year group. Well done, Zac, keep up the fantastic work.





YEAR 9

STARS OF THE WEEK



SEB WALKER

Always willing to get involved with whatever is required of him. A great positive attitude and a pleasure to have in form. Well done!



PHEOBE MORTIMER
For consistent great work in maths



ARCHIE BRADY
For consistent great work in Science



SOPHIE WALLACE-THOMPSO

For showing great improvement in Creative iMedia

MISS BLACKBURN'S STARS OF THE WEEK

YEAR 10

Consistently fantastic effort levels around school

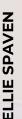




ETHAN WILLIAMS

WINNING THE SHOT PUT AT THE SPEN VALLEY ATHLETICS COMPETITION

Always getting things right around school





Always doing the right thing and working hard in lessons

ALFIE WRIGHT



Gre<mark>a</mark>t effort levels



Working hard in all areas of school



ALEX CARROLL

Improved effort levels around school







Thursday 5 October

The John Smith's Stadium Stadium Way, Huddersfield, HD1 6PG

Wednesday 11 October

Dewsbury Town Hall Wakefield Old Road, Dewsbury, WF12 8DG

4.30 -7.30pm



- Construction Dental Nursing Engineering Hairdressing & Barbering Healthcare
- Motor vehicle Pharmacy Plumbing & Electrical Professional Services

Apprenticeship Recruitment Fair

Are you interested in starting an apprenticeship?

Come along to Bradford College's recruitment fair and speak to local employers who are actively recruiting about their apprenticeship vacancies!

Did you know there is no age limit on who can complete an apprenticeship?

Speak to our experts on the day!

- Friday 30th June 2023
- 12.00pm 5.00pm
- Bradford City Football Stadium (McCall Suite), Valley Parade, BD8 7DY

For further information please contact our team on: 01274 728316 or email: apprenticeships@bradfordcollege.ac.uk









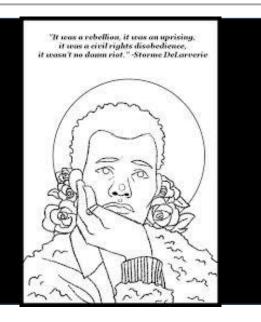






THOUGHT OF THE FORTNIGHT

Beginning 30 May 2023



FORTNIGHTLY EVENTS

World No Tobacco Day International Children's Day Volunteers' Week Cancer Survivors Day World Environment Day

EVENTS HAPPENING THIS MONTH

Pride Month Tourette's Awareness Month SANDS Awareness Month

Discussion points

What is the difference between a riot and an uprising/civil rights disobedience do you think?

Have you heard of the Stonewall riots? - think about: where the Stonewall Inn was, why was it famous, who went there.

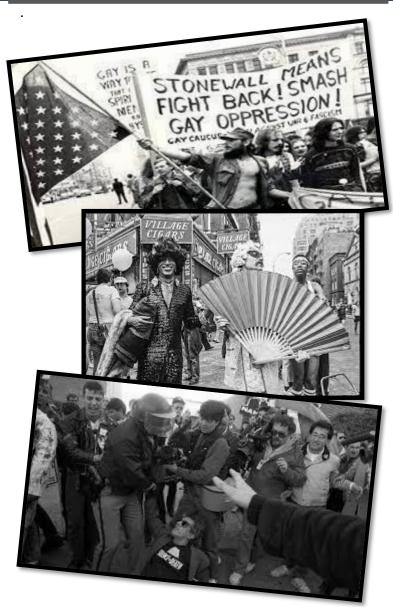
Watch this video <u>How the Stonewall Riots</u> <u>Sparked a Movement</u> Can it answer some of those questions?

The Stonewall riots were seen as being a pivotal moment in LGBTQI+ rights both in America and the rest of the world.

Stonewall is now one of the largest charities in Europe striving for equal rights for members of the LGBTQI+ community, why do you think people are treated differently based on their sexuality? Should it matter who a person chooses to fall in love with.

Around the world people are still persecuted and fighting for equality based on sexuality and gender identity <u>LGBT Rights Are Human Rights</u> - YouTube

Pride Month is a celebration and awareness of those still fighting to be heard for who they are and who they love.

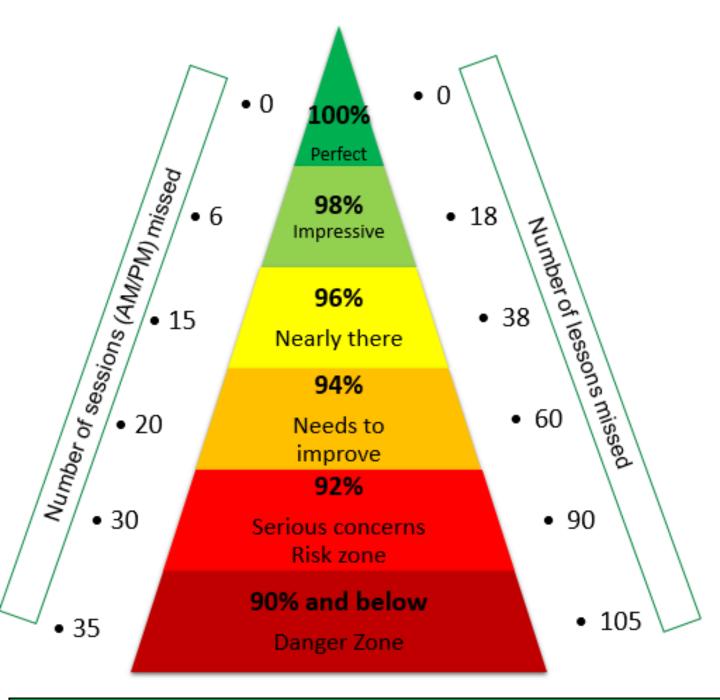


TWEETS of the WEEK



▶ 0:11

Attendance Matters



Maximise your potential - attend everyday

Students across the Rodillian Multi Academy Trust at this level of attendance have historically achieved Significantly above national average progress

Above national average progress

National average progress

Below national average progress

Significantly below national average progress

Very significantly below national average progress

BBG ACADEMY

PRELOVED UNIFORM SHOP

Available to all students Fully washed and ironed Please contact reception



Get new (used) items
Swap for a larger/smaller size
Donate old uniform
Please email: uniform@bbgacademy.com







We are here to listen.

Whatever your worry, tell someone if you want to talk. We have trained staff who are here to listen. Email them directly at:

Tellsomeone@bbgacademy.com







Download your Free Online Safety App for Parents & Carers



On the National Online Safety app you'll find:

- Hundreds of online safety guides on the topics you need to know about from screen addiction, fake news and trolling to hacking, social media influencers and sexting;
- An online safety training course for parents developed by our experts and delivered by online safety ambassador Myleene Klass;
- A user-friendly interface with increased functionality find exactly what you need, when you need it;
- The option to get notifications to your phone as soon as new content becomes available so you can stay up-to-date with the latest online crazes (and risks);
- An in-app voting system so you can help determine the subjects you'd like us to cover in future;
- The facility to personalise your content by favouriting key resource.

Download the free app today









Calt 0800 368 8061 Email: hellognationalonlinesafety.com







Free online safety resources and training for parents

Create an account to sign up online resources, weekly guides and free training at http://nationalonlinesafety.com/enrol/bbgacademy and complete your details. Once you're set up you'll be able to set 'parent/carer' as your user type.











sleephub.org.uk

WELCOME

HOW TO IMPROVE THE SLEEP OF YOUR STUDENTS

In Autumn last year, we launched our new Teen Sleep Hub, as part of our Teen Sleep Matters campaign, and it has been an amazing success so far with so many of you getting involved in sharing the information we supplied. We have also had lots of support from the Mental Health Foundation and Royal Society for Public Health.

Covid-19 continues to impact on the health and wellbeing of young people, in particularly around their sleep and mental health. Even with the return to school, we are still living in uncertain times and young people are still suffering with isolation, learning at hon with bubble closures, out-of-school activities suspended and routines being altered dramatically, it has been, and remains, extremely challenging.

Since we last made contact we have been working hard to continue to push this campaign and we have now launched a Live Chat service on our Teen Sleep Hub. This facility is available on Tuesday and Thursdays from 6-8pm so young people can chat about any issues they are having with their sleep with one of our trained sleep practitioners. Please do direct your students to this and even inform parents of this service

In this second pack you will find

- A selection of NEW posters promoting the Live Chat that can be emailed out to students and parents and, when normality resumes, can be printed and put up in classrooms, toilet facilities and other communal areas
- Social media graphics that you can use on your social channels and website to direct students and parents to the Teen Sleep Hub

As a reminder, the Teen Sleep Hub is a hive of information around sleep aimed at teens (not their parents) and includes a downloadable eBook and a series of top tips videos. We were supported on this project by our amazing Youth Advisory Panel, made up of young people aged between 13 and 19, across the country. It has been a great success so far with er 17,000 downloads of the eBook, proving that young people want the knowledge to help them improve their sleep.

Thank you for your support. Please do get in touch if you have any questions or would like

lisa Altis

Lisa Artis Deputy CEO The Sleep Charity

info@thesleepcharity.org.uk | 1 thesleepcharity.org.uk | 1 +44 (@) 1382 751 416 Copyright © 2021 The Sleep Charity. All rights reserved.





Lydia Holdsworth

Fantastic effort in the 800 metres during the Kirklees athletics meet.





Ethan Williams

Coming 1st in the shot put during the Kirklees athletics meet.



Joshua Richards

Joshua has made some fantastic progress in PE this week. His attitude and ability towards softball were very impressive. Great work Josh, keep up the good work.





Drew Longbottom

Great progress during climbing these past few weeks. Since we have moved to the high ropes Drew has made some great steps forward.





Subhaan Ali
Great effort and
leadership shown in
Softball games this
week





Frasier Burmo
Great effort levels to
develop throwing and
catching skills in his
striking and fielding
lesson this week



James Hirst

Brilliant leadership skills in pre-option PE.





Korey Whitehead

Brilliant leadership skills in pre-option PE.





Matilda Thompson
Fantastic resilience and
effort when delivering the
first sports session in preoption PE



Sianna Kilnar

Sienna Kilner
Fantastic resilience and effort when delivering the first sports session in preoption PE



Libby Hoodless

Always positive and puts in 100% in PE





Annie Bancroft

Brilliant leader in preoption PE





Phoebe Rogerson

Fantastic progress in shot put





Phoebe Glover

Great support to others



Kara Blakeley

Great support of others





Sienna Armitage

Good effort in rounders

EXTRA CURRICULAR TIMETABLE SPRING TERM 2023

MONDAY					
Times	Club/Activity	Year Group	Teacher	Venue	
2.30-3.30	Netball	Years 7-11	All PE colleagues	Changing room meet	
2.30-3.30	Basketball	Years 7 – 8	LU 5 0 0	5 5 222	
	KS3 Performing Arts	Years 7 - 9	Miss Roumelioti	Drama Room G29	
	Art Club (Drawing)	Years 7 - 9	Mr Laycock	F6	
	Design Club	Years 7-19	Mrs Gill	Workshop	
	Chess Club	Years 7 - 8	Mrs. Luffman	Heart Space	
2.30-3.30	Homework club	Years 7 - 11	Mrs. Morland	F13	
2.30 - 4.30	Year 10 Study Group	Year 10	Mrs Sullivan	F9	
	Books into Film	Years 7-11	Mrs Fitzsimons	F55 (starts 19.09.22)	
	Library	Years 7-11	Mr Smith	LRC	
2.30-3.30	Prep	Years 11	Rotation	F15	
TUESDAY 2.30–3.30	Homework club	Years 7 - 11	Mrs. Morland	F13	
2.30-3.30	Baking club *	Year 7	Mrs. Denwood	Booked students only	
2.30-3.30	Daking Gub	l eal /	(Catering Manager)	Dooked Students only	
2.30 - 3.30	Library	Years 7 - 11	Mr Smith	LRC	
	Prep	Year 11	Rotation	F15	
WEDNESDA					
2.30-3.30	Rugby	Year 8			
2.30-3.30	Table Tennis	Years 7 - 11	1		
2.30-3.30	Cricket	Years 7-10	1		
2.30–3.30	Homework club	Years 7 - 11	Mrs. Morland	F13	
	Maths Puzzles	Years 7 - 8	Miss Headley	G14	
2.30 - 3.30	Creative Writing	Years 7-10	Mr Young/Mr Alam	G45	
2.30 - 3.30	Film Club (Hist/Geog)	Years 7-9		F16	
2.30 - 3.30	E-Sports	Year 10 (Invite		F13	
2.30-3.30	L-Sports	Only)	Mr. Suggitt	F13	
2.30 - 3.30	Library	Years 7-11	Mr Smith	LRC	
2.30-3.30	Prep	Year 11	Rotation	F15	
THURSDAY	•				
2.30-3.30	Girls Rugby	Years 7 – 11	All PE colleagues	Changing room meet	
2.30-3.30	Rugby	Years 7	1		
2.30-3.30	Basketball	Years 9 - 11	1		
2.30-3.30	BBG Press	Years 7-9	Mr. Smith	LRC	
	Library	Years 7-11	Mr Smith	LRC	
2.30 - 3.30	'Step Up to Post 16' theoretical approaches to Literature.	Year 11	Mrs Voyce	G46	
2.30-3.30	Science Club *	Years 7 - 8	Science Colleagues	F34	
	Art Club (3D)	Years 7-9	Mr Laycock	Workshop	
2.30-3.30	Homework club	Years 7 - 11	Mrs. Morland	F13	
1	Fashion and Textiles	Years 7-9	Miss Dixon	G7	
	Prep	Year 11	Rotation	F15	
FRIDAY	December	V7.0	IDE collections	Changing	
2.30-3.30	Rounders	Year 7-9	PE colleagues	Changing room meet	
2.30-3.30	Athletics	Years 7- 11	Mina Condoner	Drama Daare C20	
2.30-3.30	Choir Roard Cames	Years 7 – 11	Miss Sanderson	Drama Room G29	
2.30-3.30	Board Games Homework club	Years 7-9 Years 7 - 11	Mrs Shahid Mrs. Morland	G19 F13	
2.30–3.30 2.30-3.30	Library	Years 7 - 11 Years 7-11	Mrs Luffman	LRC	
	Prep	Year 11	Rotation	F15	
2.50-5.50	li ich	real II	Notation	1.13	