



Options Booklet

Year 10 & Year 11





Options Booklet

January 2024

Dear Parent/Carer

RE: Options Process

Your child is about to make their choice of optional subjects to study during KS4, leading to a GCSE or equivalent qualification. This can be a challenging process, and we want to ensure that both you and your child feel that you have had enough opportunity to learn about the courses on offer before making any decisions. In order to provide this support, there is the Options Evening, where you will be able to hear from subject teachers directly about the qualifications and ask any questions you might have. Secondly, there is all the information provided in this booklet about each of the subjects that we may offer in Years 10 and 11.

We aim to ensure that the information and guidance provided will be comprehensive, answering all the questions that you and your child may have about the options process. It is important that your child, through conversations with you and other interested adults, understands their own strengths and weaknesses so that they can optimise their chances of success. We recommend your child to select courses that they enjoy - subjects that they may wish to study when they continue their education, and that would also help them move onto a career they have aspirations for.

Your child will study three (3) option choices over Year 10 and Year 11; along with all of the core subjects. They must choose **either** GCSE History or GCSE Geography and will study this over two years; and they will also make two further 'open' choices. One of the open choices will be studied and completed during Year 10, and the other in Year 11. We also ask that a reserve choice is made for the open choices, due to the fact that we can **only run a course if enough students choose to take it**. The list of subjects they can choose from is shown overleaf. Please note the following restrictions on choices:

- Only one course from the Art and Design suite can be chosen, with the exception of Photography
- Only one of PE or Sports Studies can be chosen
- If students wish to study both History and Geography, History should be chosen for the two year option and Geography is chosen as a one year 'open' option.

Choices should be made on the online SIMS options website www.sims-options.co.uk. Your child should use the Microsoft sign in option and their school email logon details. If your child have problems logging on to the options website please contact me on the email below. **These choices should be completed by Monday 5 February 2024.**

If you have any queries, or need further information, please do not hesitate to contact me at school or e-mail: iaindow@bbgacademy.com

Kind regards

Ian Aindow

Assistant Principal



Curriculum Structure

Optional Subjects (purple and green sections)

Students will study one of the following:

Geography or History

Students will study two of the following:

* Art and Design: Art, Craft and Design
* Art and Design: Graphic Design
Art and Design: Photography
* Art and Design: Textiles Design
* Art and Design: 3D Design
Business
Child Development (Technical Award)
Computer Science
Creative iMedia (Technical Award)
Food Preparation and Nutrition
Geography (Only if History chosen in guided options)
Performing Arts (drama & Music)
~ Physical Education
Psychology
Religious Studies
Sociology
~ Sports Studies (Technical Award)



** Only one of Art and Design courses can be chosen (with the exception of Photography)*

~ Only one of PE and Sports Studies can be chosen

Get in contact: iaindow@bbgacademy.com

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Geography

Geography will help students to be more aware of everyday situations and issues faced by the people who live around them and in other parts of the world. They will study the AQA GCSE Geography (8035) specification. Geography is a highly topical subject; ever changing as world events unfold. When students see newspaper articles or television reports about a potential cataclysmic 'super-volcanic' eruption in the USA, then Geography will help them make sense of what is going by making balanced judgements.

What will be studied?

Paper 1: The Challenge of Natural Hazards. The Living World. Physical Landscapes in the UK. Paper 2: Urban Issues and Challenges. The Changing Economic World. The Challenge of Resource Management. Paper 3: Issue Evaluation.

Fieldwork - Students need to undertake two geographical enquiries and show an understanding of both physical and human geography.

Course Structure and Assessment

Geography (AQA 8035)

Examination (100%)

Paper 1

- Living with the Physical Environment
- 35% of GCSE
- 1 hour 30 minutes

Paper 2

- Challenges in the Human Environment
- 35% of GCSE
- 1 hour 30 minutes

Paper 3

- Geographical Applications
- 30% of GCSE
- 1 hour 30 minutes



Progression beyond GCSE

Geography would be useful if you were considering a career in town and transport planning, weather and climate, teaching, emergency management, natural disasters, engineering, tourism, nature conservation, local government, geology and many more.

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History

History is a popular option subject and will be of interest to any student who enjoys finding out about the past and how the past affects the world we live in today.

Throughout the course, students study a range of History and will develop their ability to investigate and analyse in a historical context. Key skills include, inference, source work, extended writing and debate.

What will be studied?

Students will study:

- Germany, 1890–1945: Democracy and Dictatorship
- Conflict and tension: The inter war years, 1918–1939
- Britain: Health and the People: c1000 to the Present Day
- Norman England, c1066–c1100

Course Structure and Assessment

History (AQA 8145)

Examination (100%)

Paper 1

- Understanding the Modern World
- 50% of GCSE
- 120 minutes

Paper 2

- Shaping the Nation
- 50% of GCSE
- 120 minutes



Progression beyond GCSE

History is a traditional academic subject with an excellent reputation with institutions of Higher Education and employers alike. History students are highly sought after by the legal profession, armed forces, management sector and even the entertainment industry due to the analytical skills developed by the study of the subject.

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Art and Design: Art, Craft and Design

The course is a general art and design course. Students will have the opportunity to study a variety of artists' work to inspire and develop their responses, usually from a given theme. Using a variety of techniques and materials students will learn how to develop ideas into an individual outcome.

GCSE art students are encouraged to make their research personal, imaginative and exciting in order to promote independent work.

What will be studied?

Students will be taught how to study artists' work, developing ideas and samples using appropriate media. They will learn skilful recording of ideas through drawing and photography. Through the experimentation of techniques learnt, students will be encouraged to develop a personal response. The exam is an opportunity to showcase skills and concepts learnt through the coursework, but with greater independence.

Course Structure and Assessment

Art and Design: Art, Craft and Design (AQA 8201)

Non-exam assessment (NEA) (100%)

Component 1

- Portfolio
- 60% of GCSE
- No time limit

Component 2

- Externally set assignment
- 40% of GCSE
- Preparation period followed by 10 hours of supervised time



Progression beyond GCSE

Students can progress from GCSE Art and Design to study a more advanced course, for example A level Art, Fine Art, Graphics, Textiles and Photography at college or sixth form. Alternatively students could progress to art college and study a Level 3 BTEC course in order to access degree level qualification.



Art and Design: Graphic Design

The course is a graphic design course. Students will have the opportunity to study a variety of designers' and artists' work to inspire and develop their responses, usually from a given theme. Using a variety of traditional and digital techniques and materials students will learn how to develop ideas into an individual outcome.

GCSE students are encouraged to make their research personal, imaginative and exciting in order to promote independent work.

What will be studied?

Students will be taught how to study designers' and artists' work, developing ideas and samples using appropriate media. They will learn skilful recording of ideas through drawing, modelling and annotation. Through the experimentation of techniques learnt, students will be encouraged to develop a personal response. The exam is an opportunity to showcase skills and concepts learnt through the coursework, but with greater independence.

Course Structure and Assessment

Art and Design: Graphic Design (AQA 8203)

Non-exam assessment (NEA) (100%)

Component 1

- Portfolio
- 60% of GCSE
- No time limit

Component 2

- Externally set assignment
- 40% of GCSE
- Preparation period followed by 10 hours of supervised time



Progression beyond GCSE

Students can progress from GCSE Graphic Design to study a more advanced course, for example A level Art, Fine Art, Graphics, Textiles, 3D Design and Photography at college or sixth form. Students may also pursue Design and Technology at a higher level. Alternatively students could progress to Level 3 BTEC course in order to access degree level qualification.



Art and Design: Photography

This is a course where students will explore photography through a creative approach. They will have the opportunity to study a variety of historical and contemporary artists' and photographers' work. This will inspire and develop their responses into individual outcomes.

Students will be required to make their research personal, completing photoshoots in their own time and demonstrating independence.

What will be studied?

Students will be taught how to use Adobe Photoshop and more traditional art media alongside use of the camera. With two components, comprising a 'Portfolio' (coursework) selected from work completed during the course and an externally set assignment (the exam), the course provides students with a range of creative, exciting and stimulating opportunities to develop and explore their personal interests in creative photography.

Course Structure and Assessment

Art and Design: Photography (AQA 8206)

Non-exam assessment (NEA) (100%)

Component 1

- Portfolio
- 60% of GCSE
- No time limit

Component 2

- Externally set assignment
- 40% of GCSE
- Preparation period followed by 10 hours of supervised time



Progression beyond GCSE

Students can progress from GCSE Art and Design to study a more advanced course, for example A level Art, Fine Art, Graphics, Textiles and Photography at college or sixth form. Alternatively students could progress to art college and study a Level 3 BTEC course in order to access degree level qualification.



Art and Design: Textiles Design

This course is a textile design course. Students will have the opportunity to study a variety of designers' and artists' work to inspire and develop their responses, usually from a given theme. Using a variety of textiles techniques and materials students will learn how to develop ideas into an individual outcome.

GCSE students are encouraged to make their research personal, imaginative and exciting in order to promote independent work.

What will be studied?

Students will be taught how to study designers' and artists' work, developing ideas and samples using appropriate media. They will learn skilful recording of ideas through drawing, modelling and annotation. Through the experimentation of techniques learnt, students will be encouraged to develop a personal response. The exam is an opportunity to showcase skills and concepts learnt through the coursework, but with greater independence.

Course Structure and Assessment

Art and Design: Textiles Design (AQA 8204)

Non-exam assessment (NEA) (100%)

Component 1

- Portfolio
- 60% of GCSE
- No time limit

Component 2

- Externally set assignment
- 40% of GCSE
- Preparation period followed by 10 hours of supervised time



Progression beyond GCSE

Students can progress from GCSE Textiles Design to study a more advanced course, for example A level Art, Fine Art, Graphics, Textiles, Fashion and Photography at college or sixth form. Students may also pursue Design and Technology at a higher level. Alternatively students could progress to Level 3 BTEC course in order to access degree level qualification.

Art and Design: 3D Design

This course is a 3D design course. Students will have the opportunity to study a variety of designers' and artists' work to inspire and develop their responses, usually from a given theme. Using a variety of 3D techniques and materials students will learn how to develop ideas into an individual outcome. This course is primarily delivered through Product Design.

GCSE students are encouraged to make their research personal, imaginative and exciting in order to promote independent work.

What will be studied?

Students will be taught how to study designers' and artists' work, developing ideas and samples using appropriate media. They will learn skilful recording of ideas through drawing, modelling and annotation. Through the experimentation of techniques learnt, students will be encouraged to develop a personal response. The exam is an opportunity to showcase skills and concepts learnt through the coursework, but with greater independence.

Course Structure and Assessment

Art and Design: 3D Design (AQA 8205)

Non-exam assessment (NEA) (100%)

Component 1

- Portfolio
- 60% of GCSE
- No time limit

Component 2

- Externally set assignment
- 40% of GCSE
- Preparation period followed by 10 hours of supervised time



Progression beyond GCSE

Students can progress from GCSE 3D Design to study a more advanced course, for example A level Art, Fine Art, Graphics, Textiles, 3D Design and Photography at college or sixth form. Students may also pursue Design and Technology at a higher level. Alternatively students could progress to Level 3 BTEC course in order to access degree level qualification.

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Business

This is a business studies course focusing on both the theoretical and practical aspects of establishing and running a business. GCSE Business allows students to understand the external influences that dictate whether a business succeeds or fails, such as, political, economic, financial or environmental issues. Students are encouraged to look beyond the classroom, putting themselves in the shoes of an entrepreneur looking for the next big business opportunity.

What will be studied?

Paper 1: Topics such as enterprise and entrepreneurship, spotting a business opportunity, putting a business idea into practice, making the business effective, and understanding external influences on business.

Paper 2: Topics such as growing the business, making marketing decisions, making operational decisions, making financial decisions and making human resource decisions.

Course Structure and Assessment

Business (Edexcel 1BS0)

Examination (100%)

Paper 1

- Investigating small business
- 50% of GCSE
- 1 hour 45 minutes

Paper 2

- Building a business
- 50% of GCSE
- 1 hour 45 minutes



Progression beyond GCSE

GCSE Business could lead to work in a Business related profession such as Accountancy, Law, Marketing or the Leisure and Tourism industry. GCSE Business will support many jobs and post-16 course applications. Further qualifications in Business can open many doors and you can go on to study Business or Economics at A-Level.

Options Booklet



Child Development

Students in Key Stage 4 have the opportunity to study the Cambridge National Certificate in Child Development, which is the equivalent of one GCSE.

What will be studied?

R057: Health and well-being for child development

In this unit, students will learn about the importance of both pre-conception health and creating conditions in which a child can thrive, including the prevention and management of childhood illnesses and creating a safe environment.

R058: Creating a safe environment and understand the nutritional needs of children from birth to five years

In this unit, students will learn how to create a safe environment for children from birth to five years in childcare settings. They will investigate and choose equipment that is both suitable and safe for use and will learn about their nutrition and dietary needs.

R059: Understand the development of a child from one to five years

In this unit, students will learn the expected developmental norms for children from one to five years. Students will also learn the importance of creating plans and providing different play activities to support children in their development

Course Structure and Assessment

Cambridge National Certificate in Child Development (OCR J890)

Examination (50%)

Paper 1

- Health and Wellbeing for child development
- 1hr 15min

Non-exam assessment (NEA) (50%)

Component 1

- Creating a safe environment and understand the nutritional needs of children from birth to five years
- 25% of qualification

Component 2

- Understand the development of a child from birth to five years.
- 25% of qualification



Progression beyond GCSE

The course provides learners with an opportunity to develop the skills and knowledge needed if they wish to work in the childcare sector. However, the skills learnt are transferable to other areas of work or further education.

Options Booklet



Computer Science

Computer science is a linear course, which means the exams will be taken after the first element has been completed, and at the end of the course.

This is a technical course which requires logical thinking and problem solving skills to be developed and enhanced; and will give students knowledge in how software both works, as well as how it is created.

Computer Science will value computational thinking, helping learners to develop the skills to solve problems, and design systems that do so.

What will be studied?

Students will:

- develop an understanding of current and emerging technologies and how they work.
- understand the use of algorithms in computer programs.
- acquire and apply creative and technical skills, knowledge and understanding of IT in a range of contexts.
- develop computer programs to solve problems.
- evaluate the effectiveness of computer programs.

Course Structure and Assessment

Computer Science (OCR J277)

Examination (100%)

Paper 1

- Computer Systems
- 50% of GCSE
- 1 hour 30 minutes

Paper 2

- Computational thinking, algorithms and programming
- 50% of GCSE
- 1 hour 30 minutes



Progression beyond GCSE

A GCSE in Computer Science is designed to give students the opportunity to develop highly sought-after knowledge and skills, whether they're for the workplace or for everyday life. It gives students a stepping-stone onto Further and Higher Education courses such as Software Development, Games Programming, Website Development, System Analysis, Network Management and more.

Options Booklet



The OCR Cambridge National Certificate in Creative iMedia will equip learners with a range of creative media skills and provide opportunities to develop desirable, transferable skills such as research, planning, and review, working with others and communicating creative concepts effectively.

Through the use of these skills, learners will ultimately be creating fit-for-purpose creative media products.

What will be studied?

On completion of the first unit, learners will be able to plan pre-production of a creative digital media product to a client brief, and will understand how to review preproduction documents. They will look at roles within the creative industries, and look at the laws and ethics that relate to this area.

In the second unit learners will be able to plan the creation of digital graphics, create new digital graphics and review a completed graphic against a specific brief. On completion of the third unit learners will be able to plan and create a multimedia product and review the final product against a specific brief.

Course Structure and Assessment

Cambridge National Certificate in Creative iMedia (OCR J834)

Students must complete three units:

- One externally assessed unit
- Two NEA units

R093: Creative iMedia in the Media Industry (M)

Written Paper • 90 minutes - 70 marks – 40% of total

R094: Visual Identity and Digital Graphics (M)

Centre assessed tasks • 10 hours - 60 marks – 30% of total

R097: Interactive Digital Media (O)

Centre assessed tasks • 10 hours - 60 marks - 30% of total



Progression beyond the course

A Cambridge National in Creative iMedia is designed to give students the opportunity to develop highly sought-after knowledge and skills, whether they're for the workplace or for everyday life. It gives students a stepping-stone onto Further and Higher Education courses such as Software Development, Games Programming, Website Development, and more.

Options Booklet



Food Preparation and Nutrition

This course will equip students with the knowledge, understanding, skills and the encouragement that they need to cook. It will give them the ability to apply the principles of food science, nutrition and healthy eating.

Students will be able to make informed decisions about a wide range of further learning opportunities and career pathways, and develop vital life skills so that they can feed themselves and others affordably and nutritiously.

What will be studied?

The areas covered are food preparation skills, food, nutrition and health, food science, food safety, food choice, food provenance, and food preparation and cooking techniques.

Students will complete investigations into the working characteristics, functional and chemical properties of ingredients. Their coursework will also involve preparation, cooking and presenting a final menu of three dishes within a single period of no more than three hours, as well as planning in advance how this will be achieved.

Course Structure and Assessment

Food Preparation and Nutrition (OCR J309)

Examination (50%)

Paper 1

- Food preparation and nutrition
- 50% of GCSE
- 1 hour 30 minutes

Non-exam assessment (NEA)(50%)

Task 1

- Food Investigation
- 15% of GCSE
- 10 hours

Task 2

- Food Preparation
- 35% of GCSE
- 20 hours



Progression beyond GCSE

Food preparation and nutrition is valuable in any career that involves food, food retail and the hospitality industry. In addition, it will be relevant to careers in social care. For example caring for people with special dietary requirements. Further study may include Health Studies, Catering and Hospitality or Leisure and Tourism. It would support GNVQ, BTEC and NVQ Health and Social Care at post-16.

Options Booklet



Performing Arts (Drama and Music)

The Performing Arts course is an exciting opportunity for students of drama and music to express themselves as performers. They will work individually and as part of small groups to create their own performances and to interpret the works of existing playwrights and composers. They will learn about the techniques used by musicians and theatre makers across a wide range of styles.

What will be studied?

In creating original performances (either musical or dramatic), you will research topics, develop ideas, explore creative responses, use technology, and learn about the arts industry.

Across the three different units (Performing, Creating and Performing Arts in Practice), you will respond to briefs set by the exam board, and document your work in a portfolio. There is no written exam for this course.

You will need enthusiasm and enjoyment of performing on your own and with others, the desire to develop new skills, and must be prepared to take risks in developing your own creative ideas.

Course Structure and Assessment

Performing Arts (Drama and Music):
Eduqas Level 2 Certificate

Non-exam assessment (NEA) (100%)

Unit 1 (Performing) 30% and Unit 2 (Creating) 30%

A 10 hour controlled assessment in response to briefs set by the exam board. You will need to create a portfolio for each unit, consisting of a number of written tasks.

Unit 3 (Performing Arts In Practice) 40%

This is a 20 hour controlled assessment in response to a brief set by the exam board. You will design a creative proposal, marketing materials and an example performance.



Progression beyond GCSE

The course would be useful if you were considering a career in theatre performance or design, cultural industries or a job which requires you to present or speak to an audience. The course will support you studying Theatre Studies, Music, Dance and Performing Arts post-16.

Options Booklet



Physical Education

OCR GCSE PE is ideal for students that have a passion for physical activity and sport and also want to develop their theoretical knowledge and understanding of the factors that underpin the subject.

Students will learn about how the body (physiology) and mind (psychology) can affect performance, how sport and physical activity contributes towards health, fitness and well-being, and the socio-cultural influences that can affect people's involvement in sport and physical activity.

Students will participate in a range of individual and team sports to develop their basic skills, techniques and tactical awareness. To be successful, students will need to be competent at a wide range of sports. We recommend that students are competent in 2-3 sports that could be used for practical assessment.

What will be studied?

- Skeletal and muscular systems
- Cardiovascular and respiratory systems
- Fitness, Training and Injuries
- Media, sponsorship and participation
- Sport psychology
- Healthy lifestyles and nutrition
- A range of Team and Individual sports
- How to analyse and improve your own performance

Course Structure and Assessment

Physical Education (OCR J587)

Examination (60%)

Component 1

- Physical factors affecting performance
- 30% of GCSE
- 1 hour

Component 2

- Socio-cultural issues and sports psychology
- 30% of GCSE
- 1 hour

Non-exam assessment (NEA) (40%)

Component 3

- Performance in three activities, one individual, one team and one choice (individual or team). This is worth 30%.
- Analysis and Evaluation of Performance (coursework). This is worth 10%. 14 hours controlled assessment.



Progression beyond GCSE

This qualification would allow you to progress to study the AS Level in Physical Education or the BTEC National Award in Sport. Many students will then go on to University to study Physical Education, Sports Science or pursue a career in the sport industry such as a PE teacher, sports coach, sports scientist, physiotherapist, sports psychology or fitness instructor. There are also careers in sports business and sports media.



Psychology

Psychology is the scientific study of the mind, behaviour and experience. Psychologists carry out research to investigate the way people think, behave and respond to others.

Psychology is a challenging subject, but extremely interesting and enjoyable. Because the subject matter is about people, it is applicable to nearly all career paths and will enrich your understanding of yourself and others.

What will be studied?

Students will be taught how to critically evaluate research within the field of human thought and behaviour. Exploring issues relating to nature vs nurture, and trying to answer the question, “Am I born to be who I am, or am I a result of my life experiences?”. It offers an excellent grounding for students and involves case studies, devising, carrying out and evaluating research, reading, written work, discussion and presentations.

Course Structure and Assessment

Psychology (Edexcel 1PS0)

Examination (100%)

Paper 1

- Development; Memory; Psychological problems; The brain and neuropsychology; Social influence
- 55% of GCSE
- 1 hour 45 minutes

Paper 2

- Research methods; Sleeping and Dreaming; Criminal psychology
- 45% of GCSE
- 1 hour 20 minutes



Progression beyond GCSE

The course provides a good progression route to A Level qualifications in Psychology and other Social Sciences. This is a relevant GCSE to take if you are considering any career in society, which involves working with people; from working in prisons to teaching or if you want to demonstrate useful transferable skills such as the ability to be critical or write reports.

Options Booklet



Religious Studies

Students will study the Eduqas full course in Religious Studies. This course encourages candidates to develop their understanding of different religions – with a focus on Hinduism and Christianity predominantly and the impact religious belief has on modern day issues in the world, whilst questioning the need for religion in the 21st Century. Religious Studies ultimately allows students to develop transferable empathetic and analytical skills that are favoured by most Colleges and employers.

What will be studied?

Topic areas include:

- Component 1 – Relationships, Life and Death, Good and Evil, Human Rights.
- Component 2 – The nature of God, Creation, Afterlife, Pilgrimage and celebration.
- Component 3 – Deities, The Eternal Self, Cosmology, Meditation.

Course Structure and Assessment

Religious Studies (Eduqas C120P2)

Examination (100%)

Component 1

- Religious, philosophical and ethical studies in the modern world
- 50% of GCSE
- 2 hour

Component 2

- Study of Christianity
- 25% of GCSE
- 1 hour

Component 3

- Study of a World Faith (Hinduism)
- 25% of GCSE
- 1 hour



Progression beyond GCSE

If you are considering a career in the following professions then a qualification in Religious Studies is highly valued: Media work, Law, Politics, Health Service, Army, Social Care, Journalism, Education, Police, Business, Air Steward/Pilot or Sport. Colleges and Universities also look favourably on a qualification in Religious Studies as it shows you have tolerance and understanding of human nature, can argue your opinion and make educated responses to the opinions of others.

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Sociology

In GCSE Sociology, students follow the AQA specification, looking at the world around them and how it is influenced by society. Sociology is the study of social life, social change, and the social causes and consequences of human behaviour. Sociologists investigate the structure of groups, organisations, and societies, and how people interact within these contexts.

What will be studied?

Paper 1

- The sociology of families- The role and function of the family. How the family has changed over time. What different family structures are like around the world.
- The sociology of education- The role, purpose and function of education. The differences in educational attainment based on gender, ethnicity and social class. The range of educational providers in Britain. Labels attached to students.
- Social theory and methodology- different theoretical perspectives within sociology

Paper 2

- The sociology of crime and deviance – the causes of crime and deviance. Crime rates and convictions based on age, gender and ethnicity. How crime rates are measured.
- The sociology of social stratification- different theories of how society is divided. Power relationships. The link between life choices and poverty
- Social theory and methodology- different theoretical perspectives within sociology

Course Structure and Assessment

Sociology (AQA 8192)

Examination (100%)

Component 1

- The Sociology of Families and Education
- 50% of GCSE
- 1 hour 45 min

Component 2

- The Sociology of Crime and Deviance and Social Stratification
- 50% of GCSE
- 1 hour 45 min



Progression beyond GCSE

Sociology combines well with a number of other subjects at both GCSE and A-Level, for example: History, Religious Education, Media Studies, English, Politics, Law, Psychology, Health and Social Care. Sociology will help with careers working with others or the public sector, for example: Teaching, Social Work, Police, Law, Educational Psychology, Human Resources, Media, Probation Officer, Researcher, Nursing and other Health professions

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Sport Studies

The Cambridge National Certificate in Sport Studies will provides students with the opportunity to develop knowledge, understanding and practical skills that can be used in the Exercise, Physical Activity and Health Sector. You will learn about contemporary issues in sport, applying skills in two activities and how to be a leader in one activity as well as learning about the relationship between sport and the media.

What will be studied?

Topic areas of study, amongst others, include:

- Issues affecting participation, the role of sporting values and the role of National Governing Bodies
- The implications of hosting major sporting events
- The use of technology in sport
- Applying practice methods to improve performance
- Organising and planning a sports activity session which will then be lead and reviewed by the student
- The different sources of media that cover sport
- Positive and negative effects of the media in sport

Course Structure and Assessment

Cambridge National in Sport Studies (OCR J829)

Examination

Component 1 – Mandatory unit

- Contemporary issues in sport
- 70 Marks
- 1 hour 15 min

Component 2 – Mandatory unit

- Performance and Leadership in sports activities
- 80 Marks
- Guided 48 hours

Component 3 – 1 additional unit

- Sports and the Media
- Increasing awareness of Outdoor and Adventurous Activities
- 40 marks
- Guided 24 hours



Progression beyond GCSE

Cambridge National Sport Studies provides a strong base for progression to Further Education, whether it is on to Level 3 Cambridge Technical or A Level, or to an apprenticeship or work. Many students go on to University to study Physical Education, Sport Science or pursue a career in the sport industry such as PE Teacher, sports coach, sports scientist, sports psychologist or fitness instructor. There are also careers in sports business and sports media.

Year 10 & Year 11 Options Booklet

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