

This document contains details of how the subject is sequenced over the years of delivery. Included are assessment points and the prior learning that will be included in these assessments. It also includes where topics are revisited to maximise student retrieval and retention. Along with curriculum content, opportunities to develop links with careers are also identified in order to bring the relevance of the curriculum into the wider life context.

Curriculum Intent Statement

'PSHE education is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.' (PSHE Association 2019)

We aim to provide a coherent programme of personal, health, social, citizenship and careers education. As a department we aim to encourage high aspirations so as to maximise progress and to enable all pupils to experience the joy of success. Our aims for PSHE also reflect the PSHE Association syllabus which is to equip pupils to live healthy, safe productive, capable, responsible and balanced lives through core themes of health and wellbeing, relationships and living in the wider world. Our intent is to provide an academic PSHE curriculum that provides opportunities for pupils to reflect on and clarify their own values and attitudes and explore complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

In Key Stage 3, curriculum planning and delivery is in line with the PSHE Association guidelines and builds on the skills, attitudes, values, knowledge and understanding they have acquired during the primary phase. It acknowledges and addresses the changes young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence

Year 7

Year 7 assessment dates

Assessment week 1 – 06.01.2025

Assessment week 2 – 28.04.2025

Term	Content	Sequencing	Assessment	Careers links & Experiences
Autumn 1	<p>Topic: Health and wellbeing Transition to secondary school and Emotional wellbeing</p> <ul style="list-style-type: none"> • How to identify, express and manage emotions in a constructive way • How to manage the challenges of a new school • How to establish and manage friendships • How to improve study skills • How to identify personal strengths and areas for development 	<p>Previous topics built on in this topic: KS2</p>	<p>Consolidation/Summative assessment: Advice column response to how to deal with friendship issues</p>	<p>Careers link:</p> <p>Experiences:</p>
Autumn 2	<p>Topic: Health and wellbeing Personal safety</p> <ul style="list-style-type: none"> • Personal safety strategies and travel safety, e.g. road, rail and water • How to respond in an emergency situation • Basic first aid 	<p>Previous topics built on in this topic: Emotional wellbeing</p>	<p>Consolidation/Summative assessment: (Competition) Creation of school safety poster to be used in school bulletin</p> <p>St. Johns Ambulance</p>	<p>Careers link: Rescue services (including coast guard and mountain rescue)</p>

				Experiences: Restart a heart day
Spring 1	Topic: Relationships Diversity <ul style="list-style-type: none"> • Identity, rights and responsibilities • Living in a diverse society • How to challenge prejudice, stereotypes and discrimination • The signs and effects of all types of bullying, including online • How to respond to bullying of any kind, including online • How to support others 	Previous topics built on in this topic: Emotional wellbeing Personal safety	Assessment week 1 – 06.01.2025 Consolidation/Summative assessment: Drama task showing how to respond in various situations. Accompanying written response	Careers link: Community inclusion officer Social worker Education professional Public facing roles Experiences:
Spring 2	Topic: Health and wellbeing Health and puberty <ul style="list-style-type: none"> • How to make healthy lifestyle choices including diet, dental health, physical activity and sleep • How to manage influences relating to caffeine, smoking and alcohol • How to manage physical and emotional changes during puberty about personal hygiene • How to recognise and respond to inappropriate and unwanted contact • About FGM and how to access help and support 	Previous topics built on in this topic: Emotional wellbeing Personal safety	Consolidation/Summative assessment: Leaflet designed to inform year 6 pupils about the changes they might face during puberty and how to best manage them	Careers link: Experiences: Locala nurse visit

<p>Summer 1</p>	<p>Topic: Relationships Building relationships</p> <ul style="list-style-type: none"> • How to develop self-worth and self-efficacy • Qualities and behaviours relating to different types of positive relationships • How to recognise unhealthy relationships • How to recognise and challenge media stereotypes • How to evaluate expectations for romantic relationships • Consent, and how to seek and assertively communicate consent 	<p>Previous topics built on in this topic: Emotional wellbeing Personal safety</p>	<p>Consolidation/Summative assessment: Baseline activities Opinion lines Assessment week 2 – 28.04.2025 Extended writing based on ‘Health and puberty’ unit. ‘So long as we regularly exercise, it doesn’t really matter if live off junk food and energy drinks.’ Do you agree, show more than one point of view.</p>	<p>Careers link: Counsellor Social worker Police officer</p> <p>Experiences:</p>
------------------------	--	---	--	---

Year 8

Term	Content	Sequencing	Assessment	Careers links & Experiences
<p>Summer 2</p>	<p>Topic: British values</p> <ul style="list-style-type: none"> • Mutual respect and tolerance • Individual liberty <p>Personal finance</p> <ul style="list-style-type: none"> • Understanding credit and debit cards • Keeping finances secure • Understanding payslips • Money management <p>First Aid</p> <ul style="list-style-type: none"> • Choking • CPR • Water safety 	<p>Previous topics built on in this topic:</p>	<p>Consolidation/Summative assessment:</p>	<p>Careers link:</p> <p>Experiences:</p>
<p>Autumn 1</p>	<p>Topic: Intimate relationships including sexual health</p> <ul style="list-style-type: none"> • How people show intimacy • The importance of friendship and kinship • How to stand up against peer pressure • The importance of consent in all situations 	<p>Previous topics built on in this topic: British values – mutual respect and tolerance</p>	<p>Consolidation/Summative assessment: Extended writing – Discuss which is more important, kinship or friendship. Show more than one point of view</p>	<p>Careers link: Education staff Youth worker</p> <p>Experiences: The Base drug workshops</p>

<p>Autumn 2</p>	<p>Topic: Intimate relationships including sexual health</p> <ul style="list-style-type: none"> • How to set stable boundaries within a relationship • The importance and impact of household stability • How people show commitment – marriage and long term relationships • Roles and responsibilities of care givers 	<p>Previous topics built on in this topic: How people show intimacy</p>	<p>Consolidation/Summative assessment: Drama activity showing healthy and stable boundaries within relationships</p>	<p>Careers link: Counsellor Police officer</p> <p>Experiences:</p>
<p>Spring 1</p>	<p>Topic: Intimate relationships including sexual health</p> <ul style="list-style-type: none"> • How people show commitment – marriage and long term relationships • Roles and responsibilities of care givers • Signs of an abusive relationship including coercion • How to access support 	<p>Previous topics built on in this topic: Stable boundaries</p>	<p>Consolidation/Summative assessment: Baseline activity</p>	<p>Careers link: Counsellor Police officer</p> <p>Experiences:</p>
<p>Spring 2</p>	<p>Topic: Intimate relationships including sexual health</p> <ul style="list-style-type: none"> • Sexual attraction and sexuality • How to access support and advice 	<p>Previous topics built on in this topic: How people show intimacy Stable boundaries How people show commitment</p>	<p>Consolidation/Summative assessment: Baseline activity</p>	<p>Careers link: Youth worker Social worker Counsellor</p> <p>Experiences:</p>

<p>Summer 1</p>	<p>Topic: Intimate relationships including sexual health</p> <ul style="list-style-type: none"> • The different purposes of contraception • Different types of contraception available 	<p>Previous topics built on in this topic:</p> <p>How people show intimacy</p> <p>Stable boundaries</p> <p>How people show commitment</p>	<p>Consolidation/Summative assessment:</p>	<p>Careers link:</p> <p>Experiences:</p>
------------------------	---	--	---	--

Year 9

Term	Content	Sequencing	Assessment	Careers links & Experiences
<p>Summer 2</p>	<p>Topic: British values</p> <ul style="list-style-type: none"> • Tolerance and respect • Individual liberty • Democracy <p>Computing</p> <ul style="list-style-type: none"> • Microsoft excel data skills <p>Personal Finance</p> <ul style="list-style-type: none"> • Understanding credit and debit cards • Keeping finances secure • Understanding payslips • Money management 	<p>Previous topics built on in this topic: British values Personal finance</p>	<p>Consolidation/Summative assessment:</p>	<p>Careers link:</p> <p>Experiences:</p>
<p>Autumn 1</p>	<p>Topic: Intimate relationships including sexual health</p> <ul style="list-style-type: none"> • How do people show commitment to each other • Different types of love and how they can be displayed • Respecting others beliefs • Knowing protected characteristics 	<p>Previous topics built on in this topic:</p>	<p>Consolidation/Summative assessment: Baseline activity</p>	<p>Careers link:</p> <p>Experiences:</p>
<p>Autumn 2</p>	<p>Topic: Intimate relationships including sexual health</p> <ul style="list-style-type: none"> • Understanding the role of the law in relation to consent • The impact of revenge porn and digital footprints including legacies 	<p>Previous topics built on in this topic: Respecting others beliefs</p>	<p>Consolidation/Summative assessment: Baseline activity</p>	<p>Careers link:</p> <p>Experiences:</p>

Spring 1	Topic: Intimate relationships including sexual health <ul style="list-style-type: none"> Managing unrealistic views and myths about sexual relationships How to access help and support 	Previous topics built on in this topic: Understanding the role of the law in relation to consent	Consolidation/Summative assessment: Baseline activity Opinion line	Careers link: Experiences:
Spring 2	Topic: Intimate relationships including sexual health <ul style="list-style-type: none"> The different roles and types of contraception Signs and symptoms of STI's How to access help and support 	Previous topics built on in this topic: Respecting others beliefs How do people show commitment to each other	Consolidation/Summative assessment: Baseline activity Creation of contraception leaflet designed for a young person	Careers link: Experiences:
Summer 1	Topic: Intimate relationships including sexual health <ul style="list-style-type: none"> Awareness of different pregnancy choices The physical and emotional impact of miscarriage How to access help and support 	Previous topics built on in this topic: Respecting others beliefs How do people show commitment to each other Understanding the law in relation to consent	Consolidation/Summative assessment:	Careers link: Experiences: