



BBG Academy Curriculum 2025 – 2026 Values

This document contains details of how the subject is sequenced over the years of delivery. Included are assessment points and the prior learning that will be included in these assessments. It also includes where topics are revisited to maximise student retrieval and retention. Along with curriculum content, opportunities to develop links with careers are also identified in order to bring the relevance of the curriculum into the wider life context.

Curriculum Intent Statement

Values education is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, while preparing them to make the most of life and work. When taught well, PSHE education also helps pupils to achieve their academic potential.

At key stage 3, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase. Values education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media.

Year 7

Term	Content	Sequencing	Assessment	Careers links, Experiences & Future Subject Ambition
Autumn 1	<p>Topic: Health and wellbeing – Transition</p> <ul style="list-style-type: none"> • Marking stages of transition • Experiencing and regulating emotions • Friendships including toxic friendships <p>Topic: Health and wellbeing – safety</p> <ul style="list-style-type: none"> • Road safety • Safety at night • Halloween safety 	<p>Previous topics built on in this topic: Primary school knowledge</p> <p>Subject terminology: Transition Emotional regulation Toxic friendships</p> <p>Previous topics built on in this topic: Primary school knowledge</p> <p>Subject terminology: Highway code High visibility Stranger danger Risk</p>	<p>Consolidation/Summative assessment:</p> <p>End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link:</p> <p>Experiences:</p> <p>Careers link:</p> <p>Experiences:</p>
Autumn 2	<p>Topic: Living in the wider world – developing skills and aspirations</p> <ul style="list-style-type: none"> • How to be enterprising • Abilities and qualities required for a range of careers 	<p>Previous topics built on in this topic: Primary school knowledge</p> <p>Subject terminology: Ambition</p>	<p>Consolidation/Summative assessment:</p> <p>End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link: Human Resources</p> <p>Experiences:</p>

	<ul style="list-style-type: none"> Equality of opportunity How to challenge stereotypes, broaden horizons and identify future career aspirations The link between personal values and career choices 	Aspiration Stereotypes Equality of opportunity		
Spring 1	Topic: Relationships – Diversity <ul style="list-style-type: none"> Identity, rights and responsibilities Living in a diverse society How to challenge prejudice, stereotypes and discrimination The signs and effects of all types of bullying including online How to respond to all types of bullying including online How to support others 	Previous topics built on in this topic: Developing skills and aspirations Transition Subject terminology: Prejudice Discrimination Stereotypes Multiculturalism Diversity Bullying	Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario	Careers link: Social worker School employee Experiences:
Spring 2	Topic: Health and wellbeing - health and puberty <ul style="list-style-type: none"> Healthy lifestyle including diet, dental health, physical activity and sleep How to manage physical and emotional changes during puberty Personal hygiene during puberty and adolescence How to recognise and respond to unwanted and inappropriate contact 	Previous topics built on in this topic: <i>*puberty and reproduction covered previously in Science curriculum*</i> Subject terminology: Nutrition Sleep deprivation Mood swings Puberty Adolescence Stages of life Hygiene	Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario	Careers link: Lifestyle coach dietician social worker Experiences: Visit from Locala nurses

		Decay Body odour		
Summer 1	<p>Topic: Relationships – building relationships</p> <ul style="list-style-type: none"> • Developing self-worth and self-efficacy • Identifying different types of relationships and the roles within them • Qualities and behaviours relating to different types of positive relationships including online • How to recognise and set healthy boundaries within relationships including online • How to recognise unhealthy relationships including online • Different types of intimacy and how they present within relationships including online • How to recognise and challenge media stereotypes. • When might a friendship develop into a crush • Expectations for romantic relationships including consent and how to assertively seek consent 	<p>Previous topics built on in this topic: Health and wellbeing</p> <p>Subject terminology: Self-efficacy Boundaries Intimacy Consent crush</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link: Relationships counsellor</p> <p>Experiences:</p>

Term	Content	Sequencing	Assessment	Careers links & Experiences
Summer 2	<p>Topic: Health and wellbeing – drugs and alcohol</p> <ul style="list-style-type: none"> • What is addiction? • Drug classification and drug types • Drugs and the law • Alcohol • Alcohol and the law • Vaping and smoking 	<p>Previous topics built on in this topic:</p> <p>Subject terminology: Addiction Withdrawal Possession Controlled drug Supply Intoxication Drug Pre-frontal cortex Units of alcohol Nicotine</p>	<p>Consolidation/Summative assessment:</p> <p>End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link: Addiction counsellor</p> <p>Experiences: Visit from The Base</p>
Autumn 1	<p>Topic: Living in the wider world – community and careers</p> <ul style="list-style-type: none"> • Equality of opportunity in life and work • How to challenge stereotypes and discrimination in relation to work and pay • Employment, self-employment and voluntary work • How to set aspirational GROW goals for future careers • How to challenge expectations that limit choice 	<p>Previous topics built on in this topic:</p> <p>Developing skills and aspirations</p> <p>Subject terminology: Work life balance Gender pay gap Self-employed Volunteers aspirations</p>	<p>Consolidation/Summative assessment:</p> <p>End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link: Human rights lawyer Life coach</p> <p>Experiences:</p>

<p>Autumn 2</p>	<p>Topic: Relationships – discrimination</p> <ul style="list-style-type: none"> • How to manage influences on beliefs and decisions • Group thinking, persuasion and peer pressure • How to develop self-worth and confidence • Gender identity, transphobia and gender-based discrimination • How to recognise and challenge racism and religious discrimination 	<p>Previous topics built on in this topic: Relationships – building relationships Relationships - diversity</p> <p>Subject terminology: Peer pressure</p> <p>Self-efficacy and self worth Gender identity Transphobia Gender based crimes Racism Religious discrimination</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link: Human Resources</p> <p>Experiences:</p>
<p>Spring 1</p>	<p>Topic: health and wellbeing – emotional wellbeing</p> <ul style="list-style-type: none"> • How to manage and regulate emotions • How to challenge misconceptions and stigma towards mental health • How to develop digital resilience • Healthy and unhealthy coping strategies 	<p>Previous topics built on in this topic: Health and wellbeing – Transition</p> <p>Subject terminology: Regulation Stigma Mental health Digital resilience</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link:</p> <p>Experiences:</p>

<p>Spring 2</p>	<p>Topic: relationships – identity and relationships</p> <ul style="list-style-type: none"> • Qualities of positive relationships • How to demonstrate positive behaviours in healthy relationships • Gender identity and sexual orientation • Forming new partnerships and developing relationships • The law in relation to consent, legal and moral duty is with the seeker of consent • How to effectively communicate about consent in a relationship • The risks of sexting and how to manage • Requests or pressure to send an image • Basic forms of contraception (condom, pill) 	<p>Previous topics built on in this topic: Relationships – building relationships</p> <p>Subject terminology: Gender identity Sexuality Sexual orientation Consent Sexting contraception</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link:</p> <p>Experiences:</p>
<p>Summer 1</p>	<p>Topic: Consolidation</p> <p>This unit is set aside to respond to misconceptions that have arisen over the course of the year and to respond to local and national issues</p>	<p>Previous topics built on in this topic:</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link:</p> <p>Experiences:</p>

Year 9

Term	Content	Sequencing	Assessment	Careers links & Experiences
Summer 2	<p>Topic: health and wellbeing – peer influence, substance use and gangs</p> <ul style="list-style-type: none"> • Normative and peer influence • What do we mean by risk • How do we manage risky situations • What makes a gang a gang • Gangs and knife crime • What are county lines 	<p>Previous topics built on in this topic: health and wellbeing – emotional wellbeing</p> <p>Subject terminology: Gangs Knife crime Grooming County lines</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link: Youth worker Police officer</p> <p>Experiences:</p>
Autumn 1	<p>Topic: Living in the wider world – setting goals</p> <ul style="list-style-type: none"> • Transferable skills, abilities and interests • Strengths, qualities and personal skills • How to work towards aspirations, set meaningful GROW targets for the future • About GCSE's and post-16 options • Different types of employment and career pathways • How to manage feelings relating to future employment 	<p>Previous topics built on in this topic:</p> <p>Subject terminology: Targets Resilience aspirations</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link:</p> <p>Experiences:</p>
Autumn 2	<p>Topic: Relationships – respectful relationships</p> <ul style="list-style-type: none"> • Different types of family and parenting • Positive relationships I the home and ways to reduce homelessness amongst young people • Conflict and its causes in different contexts e.g. with family and friends 	<p>Previous topics built on in this topic: relationships – identity and relationships</p> <p>Subject terminology:</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link: Social worker Families counsellor</p> <p>Experiences:</p>

	<ul style="list-style-type: none"> • Conflict resolution strategies • How to manage relationship and family changes including relationship breakdown, separation and divorce • How to access support services 	Conflict Strategies breakdown		
Spring 1	<p>Topic: Health and wellbeing – Healthy lifestyle</p> <ul style="list-style-type: none"> • The relationship between physical and mental health • Living a balanced life including diet, sleep, work, leisure • How to take an increased responsibility for physical health including testicular self-examination • How to manage influences on body image 	<p>Previous topics built on in this topic: health and wellbeing – peer influence, substance use and gangs health and wellbeing – emotional wellbeing</p> <p>Subject terminology: Balance Nutrition Self-examination Body image</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link: Doctor Dietician</p> <p>Experiences:</p>
Spring 2	<p>Topic: Relationships – intimate relationships</p> <ul style="list-style-type: none"> • How to spot the signs of coercion and abuse in a relationship • How pornography is unhealthy to relationships • How to spot the signs of harassment • Understanding the law relating to consent, harassment and abuse • Pupils can understand how to support themselves and other through reporting processes and relationship breakdowns 	<p>Previous topics built on in this topic: Health and wellbeing – Healthy lifestyle Relationships – respectful relationships Relationships – discrimination</p> <p>Subject terminology: Coercion</p>	<p>Consolidation/Summative assessment: End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link:</p> <p>Experiences:</p>

		Abuse Harassment Law Consent Pornography		
Summer 1	<p>Topic: Consolidation</p> <p>This unit is set aside to respond to misconceptions that have arisen over the course of the year and to respond to local and national issues</p>	<p>Previous topics built on in this topic:</p> <p>All topic areas</p>	<p>Consolidation/Summative assessment:</p> <p>End of unit multiple choice knowledge recall questions and short answer questions relating to a scenario</p>	<p>Careers link:</p> <p>Experiences:</p>